



In a Loving Memory



Rtn. Manindra Raj Shrestha



Rtn. Tek Chandra Pokharel

Rotary Club of Kathmandu family deeply saddened by the great loss of Charter Member Past President Rtn. Manindra Raj Shrestha and Past President Rtn. Tek Chandra Pokharel.

Your contribution and dedication is always an inspiration for all Rotarians of Rotary Club of Kathmandu and Rotary movement.

Our gratitude and tribute to our beloved Rotarians.



SERVICE ABOVE SELF

HE PROFITS MOST WHO SERVES BEST



This Certifies that the Rotary Club of

Kathmandu, Nepal

having been duly organized and having agreed, through its officers and members, to be bound by the Constitution and By-Laws of Rotary International, which agreement is evidenced by the acceptance of this certificate, is now a duly admitted member of

Rotary International

and is entitled to all the rights and privileges of such membership.

In witness whereof the seal of Rotary International is hereto affixed and the signatures of its officers, duly authorized, are subscribed hereto this **thirteenth** day of **April** Anno Domini 19**59**.



Oliver L. Randall
President, Rotary International

George C. Means
General Secretary, Rotary International

Recommended by

District Governor

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed to the end.

Rotary is an organization of business and professional persons united worldwide, who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world.

Rotary is a secular organization open to all persons regardless of race, color, creed, religion, gender or political preference.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 35,000+ clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies

Rotary Motto

Rotary's principal motto, "SERVICE ABOVE SELF", is a powerful testament to the enthusiasm with which Rotarians embrace the ideal of service.

The Mission of Rotary International

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders. Including to:

- Support its member club/s in fulfilling the Object of Rotary
- Globally promote the concept of service as a worthy endeavor
- Strengthen and expand Rotary to communities around the world
- Foster unity among member clubs of the association

Objective of Rotary:

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster.

First: The development of acquaintance as an opportunity for service.

Second: High ethical standard in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.

Third: The application of the ideal of service in each Rotarian's personal, business, and community life.

Fourth: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Rotary Code of Conduct

As a Rotarian, I will:

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians



The Five Avenues of Service

Five Avenues of Service Based on the Object of Rotary, the Five Avenues of Service are Rotary's philosophical cornerstone and the foundation on which club activity is based:

Club Service focuses on strengthening fellowship and ensuring the effective functioning of the club. This "Avenue" promotes the development of acquaintance as an opportunity for service. It involves the activities necessary to make the Club function successfully and achieve its goals.

Vocational Service encourages Rotarians to serve others through their vocations and to practice high ethical standards. This area represents the opportunity that each Rotarian has to represent the dignity and utility of one's vocation as an opportunity to serve society. Rotarians promote and foster high ethical standards in business and professions and promote the recognition of the worthiness of all useful occupations.

Community Service covers the projects and activities the club undertakes to improve life in its community. This "Avenue" relates to the activities that Rotarians undertake to improve the quality of life in their community. Particular emphasis is given to helping children, needy families, the aged, the handicapped, and those most in need of assistance. Rotarians strive to promote the ideal of service in their personal, business, and community lives.

International Service encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace. In this area, Rotarians strive for the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service. International Service Projects are designed to meet the humanitarian needs of people in many lands, with particular emphasis on the most underprivileged children and families in developing countries.

Youth Service recognizes the positive change implemented by youth and young adults through leadership development activities as RYLA ,Rotaract and Interact , service projects, and creating international understanding with Rotary Youth Exchange.

Rotary International Council of Legislation (CoL) on April 28, 2010 has recognized the youths in Rotary by approving enactment to add "New Generation" as the Fifth Avenue of Service. The CoL of 2013 had made an amendment to change the name from "New Generation" to "Youth Service".

THE FOUR WAY TEST

of the things we think, say or do

1. Is it the TRUTH?

2. Is it FAIR to all concerned?

3. Will it build GOODWILL and BETTER FRIENDSHIP?

4. Will it be BENEFICIAL to all concern?

Editorial



Rtn. Sushil Kumar Karki
Editor, Souvenir 2019-20

Editorial Team

Rtn. Sushil Kumar Karki

Rtn. Achut Babu Ojha

Rtn. Alina Karki

Rtr. Abhijan Wasti

Rtr. Sonu Dangol

Rtr. Nikita Luitel

Marketing Committee

Rtn. Rajendra Gautam

Rtn. Kishor Uprety

Rtn. Utsav Dangi

Rtn. Narayan Krishna Kharel

Dear Rotarians, Rotaractors, Interactors, and readers,

This year Rotary club of Kathmandu is celebrating its 62nd glorious year of service and is achieving a milestone in Rotary movement in Nepal. As a part of the celebration, we are pleased to publish Club Souvenir with the joint effort of our partner in service clubs, Rotaract Club of Kathmandu and Interact Club of Shree Chunadevi Secondary School.

Through this publication, we are pleased to introduce the service being provided by the Rotary Club of Kathmandu and its partner organizations through different service projects. We believe that this effort will help our readers learn about the Rotary movement and encourage them to be connected with the rest of the world.

Finally, I thank my editorial team, marketing team, and well-wishers, for their generous contributions to make this souvenir be published.



Mark Daniel Maloney

President, 2019-20
Rotary International

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Dear fellow Rotarians,

When Gay and I began practicing law, we joined my father-in-law, Gilmer Blackburn, in his law firm. He had been practicing law in Decatur, Alabama, for more than 25 years and, in that time, had also served for six years as the mayor of our city. One of the first things he taught us when we joined the firm — something he never stopped teaching, by word and by example — was the importance of paying what he referred to as our “civic rent.”

He considered paying your civic rent an obligation similar to paying your taxes or contributing to your place of worship. You benefit from being here, and those benefits are not free. You need to give something back for the privilege of being part of your community.

Organizations like Rotary allow us to pay our civic rent to our local and global communities. And when we join Rotary — when we work to keep the organization itself strong, when we give back through Rotary with our abilities, our time, and our resources — we are declaring that we know that our presence in this world carries with it the obligation to serve.

All of the service that Rotary does, all of the lives we change, all of the children in the world who will never, ever get polio — all of this happens because we, joining together through Rotary, are strong. Because Rotarians, with the family of Rotary, have risen to the challenge and with each passing year strive to make our world a better place.

As a global organization with over 1.2 million members, *Rotary Connects the World*. You help make that connection last and ensure both Rotary’s legacy and its future.

Kindest regards,

A handwritten signature in black ink, appearing to read "Mark Maloney".

Mark Daniel Maloney
Rotary International President, 2019-2020



ROTARY INTERNATIONAL District 3292

Kiran Lal Shrestha
District Governor 2019-20



Rtn. Narayan Krishna Kharel
President
Rotary Club of Kathmandu

My Dear President and Team 2019-20

Greetings from RI District 3292

My Spouse Gita and I congratulate you and your dream team 2019-20 of your club.

Our best wishes to you and your dream team as well as your club members for the new Rotary Year 2019-20.

Each year Rotary International requests us to pay special attention through the President theme and citation besides our six areas of focus. As we all know, our theme for 2019-20 is **“Rotary Connects the World”** which is self-explanatory, as through connection only, can we grow Rotary.

To connect the world, we must engage our members in service projects for the needy communities and fellowship among the members and with our families. Bringing our family and children into Rotary will definitely add to Rotary's values within our family.

In Rotary, leadership is only for one year, so within these 366 days, you have to plan everything from club activities to membership activities and serving a needy community to fellowship among Rotarians and family, so please plan properly and make it like fun and dance, then only can you enjoy Rotary and you will be able to connect yourself with your family, club members and community.

This year RI President Mark Maloney is encouraging us to build more community based Rotaract Clubs, Interact Clubs and RCC entities. They are our youth and are potentially future Rotarians, will be a key factor in the future growth of the Rotary movement.

Please be guided by Rotary's new vision statement, which says" Together, We see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.

Let us unite among ourselves and unite with others to bring about meaningful change to the world and ourselves - changes that are sustainable.

We know many things but we hardly apply those things, so knowing is not enough, please apply what you know and be connected with all because then only will Rotary grow. I know you are all dedicated Rotarians and your club is one of the best in our District 3292, but there is always room for doing much more and better than before, I know you will do better than before in 2019-20 with your dedicated team.

Our best wishes are always with you and your team.

Regards with Jay Rotary to you all.

Rtn. Kiran Lal Shrestha
District Governor

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Message from Immediate Past President Rotary Club of Kathmandu

On the Jubilant occasion of 62nd Installation of Rotary Club of Kathmandu, I would like to offer my heartiest greetings and sincere facilitation to the President and to the distinguished members of the Board for the year 2019/20.

Powered by the perennial love for fellow human beings, the ideal of service to humanity, the quest for international understanding, goodwill and peace, the Rotary wheel moves on. The momentum has multiplied manifold since the inception. But its necessity is being increasingly felt everywhere. The loving care and silken touch of Rotary service has to reach many places still plagued by deprivations, married by misunderstanding and hunted by hatred

I believe that Rotary Club of Kathmandu will tread newer areas of service and gain from strength to strength under the new, caring and prudent leadership. Now is the time for us to upraise our club flags much more high with Rotary theme " Rotary Connects the world " Wishing the Installation Ceremony a grand success of significance in fulfilling many deeds of Rotary

With kindest regards and best wishes.

Yours-in Rotary

Rtn. Ram Gartaula
Immediate Past President (2019-20)



Message from President Rotary Club of Kathmandu

Dear Fellow Rotarians,

I express my gratitude to the fellow Rotarians of Rotary club of Kathmandu for bestowing me this opportunity to serve the club as the president for 2019-20.

This year RI President Mark Daniel Maloney gave Theme "Rotary Connects the World". The 1.2 million generous and compassionate people of the world are connecting for the benefit of many in the world. As Gautam Buddha said, **वरथ निरुखवे चारित. बहुजन हिताय बहुजन सुखायस** go monk, for the benefit and happiness of many, RI President urges all of us to reach the community around the world to share, help, and guide the people in need to make the world better.

As a president of first Rotary club of Nepal, I do maintain its legacy. This year we have a team of young, energetic and enthusiastic members in executive committee. Our primary responsibility is to connect with club members, our partner in service (Rotaract, Interact and RCC), along with district and international leaders. This year our team will focus on club strategic planning, innovations, membership development, flexibility of meetings, Rotary branding, and good governance in the club and beyond.

Rotary year 2018-19 was a benchmark for the rotary movement and the leadership shown by President 2018-19 Ram Gartaula was praiseworthy. I congratulate Ram Gartaula and team for the wonderful tenure. Lastly, I take this opportunity to thank all my club members for supporting me throughout my different roles in the club and expect similar support during my tenure as a president.

Let us join hand together to work for the benefit of many.
May all Beings be Happy !!

Rtn. Narayan Krishna Kharel
President (2019-20)



Message from District Rotaract Representative



Dear Fellow Rotaractors!

Greetings!

Firstly, I would like to congratulate and extend my best wishes to President RtrLok Raj Pandeya and team for taking up the esteemed leadership roles for Rota Year 2019-20! Similarly, congratulations and kudos to President 2018-19 Rtr Sunil Phuyal and leaders of Rota Year 2018-19 for successfully carrying forward the legacy of Rotaract!

I find Rotaract fascinating especially because it is this amazing pool of self-motivated, enthusiastic and dedicated youths. We strive to the best of our abilities to bring positive changes in the society while also fostering our personal and professional growth. It is a perfect blend of service, fellowship and personal growth and it is great to see Rotaract Club of Kathmandu excelling in all these. Thank you for your continuous efforts in providing needful service while also being committed to youth development. Rotaract is proud to have dedicated and enthusiastic individuals like you all.

RI President Rtn. Mark Maloney has announced the theme for Rota Year 2019-20 as "Rotary Connects the World". Indeed, Rotary connects us with like-minded individuals who want to take action for a better world. As President Mark rightly points out, we need to reflect upon and find out ways as to how we can connect to and engage more individuals, making Rotary and Rotaract more engaging as well as manageable for everyone.

Complementing the District Theme "सममता र सामोदारी" Competence and Collaboration", I urge all Rotaractors to dedicate this year to bettering ourselves so we can contribute better with our improved capabilities. Let us work towards fostering our skills and talents, towards growth and development, and towards building our own capacities. Rotaract is a platform - let us utilize this platform as a place to identify our strengths, work on our skills, polish our talents and become better every day. Find something you can learn, something that will make you better, in every action you take.

Let us also complement competence with collaboration. Let us work together in the process of bettering ourselves. Let us seek to collaborate with our fellow clubs, with Rotary Clubs, with different Districts, local clubs, organizations and different stakeholders alike - firstly to develop our competency and with that, help others in the process of becoming more competent! Let us collaborate also in service, to bring out synergic effects that make our actions more meaningful and impactful.

Once again, thank you for your continuous efforts and contribution in making Rotaract movement very vibrant and successful in our District. Let us continue working together to achieve our goals and to bring about positive changes around us!

My best wishes are always with you all.

Rtr. Sneha Shakya

District Rotaract Representative 2019-20

Message from Immediate Past President

Rotaract Club of Kathmandu



Fellow Rotaractors,

"Effort and courage are not enough without purpose and direction." This quote perfectly describes why I became a part of the Rotaract family.

When I joined Rotaract Club of Kathmandu 6 years ago, I was a young individual with a strong will to work hard and the determination to take on anything. All I was looking for was a platform to channel all that energy into something worthwhile, something that resulted in a positive change- either within me or somewhere in the outside world. Throughout my years in this club, I got that purpose and direction I was seeking. And being able to say that this year too we were able to further develop this platform for young individuals with great aspirations fills my heart with immense pride and joy.

I believe human resources are the greatest assets of any organization. And in the same way, members of Rotaract Club of Kathmandu are our greatest strength, whose contribution in making the club vibrant is indisputable. Their time, effort, dedication, determination and active participation help to make every aspect of this club and its activities successful.

I am very much thankful to have had such an amazing team who had faith in me as a President and supported me every step of the way, so that we were able to make this year a successful one. Our collective effort was undoubtedly the key that helped us accomplish so much this year.

Let me also take this opportunity to express my appreciation for the team of 2018-19 and offer you all my sincerest gratitude; our hard work really paid off. I heartily thank all the past presidents for extending their helping hands and continuing their support throughout the year. The club is indebted to you all for your valuable guidance and encouragement.

I would also like to take this opportunity to thank our parent Rotary Club, Rotary Club of Kathmandu, for their continuous support and guidance. Special words of thanks to our twin clubs- Rotaract Club of Butwal South, Rotaract Club of Pokhara, and Rotaract Club of Negombo for their wonderful coordination and collaborative spirit.

Being the president of one of the oldest and most active Rotaract Clubs in Nepal gave me plenty of opportunities to learn and to explore myself. I've had the pleasure of working with you all this past year and in that time, I couldn't help but notice the immense growth in professionalism and fellowship among us members of the Rotaract Club of Kathmandu. To see positive changes like these, makes all the challenges that we faced and the hard work we did to overcome those challenges worthwhile. Therefore, I would like to once again thank fellow leaders from different clubs, District Committee, past presidents, Rotary Club of Kathmandu, and above all the members of Rotaract Club of Kathmandu.

The words of wisdom that are heard time and again, more often than not, carry the absolute truth. The often quoted line- "Great things never came from comfort zones" resonates with me on many different levels. The next big opportunity may just be around the corner; you must be willing to put yourself out there. Believe in yourself. Be brave. And Take risks.

Yours in Rotaract,
Rtr. Sunil Phuyal
Immediate Past President (RY 2019-20)



Message from President

Rotaract Club of Kathmandu



Dear Fellow Rotaractors,
Leaders don't tell you what to do they show how it's done.

The RY 2018-19 was milestone RY for Rotaract Club of Kathmandu under the leadership of President Rtr. Sunil Phuyal. Rotaract Club of Kathmandu achieved its new height and was able to explore its strength. All the team members gave their 100% to make club program successful and also they were able to groom themselves. I would like to congratulate all of us and also thanks to all the members to make RY 2018-19 remarkable.

Beginning is itself learning. Firstly, I would like to express my thanks to all club members who have put faith on me and accepted me as president of club for RY 2019-20. In RY 2019-20, taking the club forward under my leadership joining the hands with leaders and working with the idea of club members of different classification is an immense pleasure for me. Rotaract Club of Kathmandu has its own legacy and identity in Rotaract movement of Nepal. The identity that the past presidents have created in Rotaract throughout Nepal is the wealth of Rotaract Club of Kathmandu, and it's not easy for any president to create history while club has its remarkable history. After being the member of club, I used to LISTEN to the past president; how they were able to make club so strong and LEARN Rotaract and the way of doing in Rotaract which has helped me to LEAD in the club activities as well as in professional life too. This year I am filled with hope when I see the dedication of club members towards all project and program of club that we can add another milestone in club history. One can lead only while s/he listens to his/her teammate and learn from them. So I would like to see all the members listening to each other and learning from each other so that we can see each leading the organization one after other.

Leaders are not born; everyone can groom themselves to be a leader. Rotaract is a platform that has groomed me and today made me able to lead the organization. We are in the family where we are never wrong, we just try to do things in different ways and make ourselves aware. We make mistakes. We LEARN from these mistake, LISTEN our advisors and polish the mistake and again rise up to LEAD. In RY2019-20, let us have fellowship within club and outside the club with members, let us groom ourselves and let us serve to the needy.

Be Listener Be Learner Be Leader

Your's In Rotaract
Rtr. Lok Raj Pandeya
President RY 2019-20



Biodata of President RY 2019-20

Narayan Krishna Kharel a permanent resident of Panchkhal Municipality-13, Kavrepalanchowk was born on 30th December 1985 as the second son of Basu Krishna Kharel and Anasuya Kharel. He holds a Master's degree in Business Administration (Global Management) and a Master's degree in Theravada Buddhism. He is happily married to Rachana Aryal and the couple is blessed with a son Abhibhu.

An entrepreneur by profession, he is founder and CEO of Asterisk International Services Pvt. Ltd, founder of 55windows Pvt. Ltd, and founder of Kalapa Tech Pvt. Apart from business, he is also actively engaged in academics and works as a lecturer of Spanish language at Bishwo Bhasa College, and lecturer of International Business at different colleges. He is also a polyglot, speaks Nepali, English, Japanese, Pali, Spanish and Sanskrit.

A Rotarian since 2009, he was fortunate to be inducted on the auspicious occasion of Golden Jubilee year as the youngest member of Rotary Club of Kathmandu, a pioneer and first club of Nepal. His Rotary movement was started in 2004, as a member of Rotaract Club of Pashupati-Ktm. After getting inspired by the seniors PDG Rtn. Dilendra Raj Shrestha, PP Rtn. Khadga Jit Baral and Rtn. Arun Gurung, he gets devoted to the pious social cause of Rotary and had served Rotaract Club of Pashupati-Ktm as president in the year 2008-09.

He was unanimously elected as president of Rotary Club of Kathmandu on 2017-18. Previously, he was appointed as Youth Service Director in the year 2010-11 and under his leadership, first Interact club of Rotary Club of Kathmandu was chartered as Interact club of Banabilas secondary school. Furthermore, he had served as a director in various avenues of service in a different year, secretary of the club in the year 2014-15, and Vice President in the year 2015-16.

Executive Board RY 2019-20

Rotary Club of Kathmandu



Narayan Krishna Kharel
President



Ram Gartaula
Immediate Past President



Tirtha Raj Dahal
President Elect



Suresh Man Singh
President Nominee



Achut Babu Ojha
Vice President



Utsav Dangi
Secretary



Kishor Uprety
Treasurer



Pradeep Pandey
Sergeants-at-arms



Rajendra Gautam
Service Project Chair



Prithvi Shrestha
Membership Dev. Chair



Sonica Thapaliya
Public Image Chair



Sunita Karmachayra
Club Administration Chair



Dan Bahadur Chand
TRF Committee Chair



Sushil Kumar Karki
Youth Service Chair



Alina Karki
Editor/ Joint secretary

Advisory Board RY 2019-20

Rotary Club of Kathmandu



PP Ratna Man Shakya



PP Dr. Loke Bikram Thapa



PP Bishnu Subedi



PP Suresh Satyal



PP Rajendra Kumar Dahal



PP Mona Adhikari



PP Rajan Bahadur Raut



PP Mukunda Prasad Poudel

Members Profile RY 2019-20

Rotary Club of Kathmandu



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Date of Birth : March 21
WA : March 5
Spouse : Bina
Designation : Past President



Name : Adhikari Mona (MPHF)
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Date of Birth : September 18
WA : January 19
Spouse : Dr. Subodh
Designation : Past President



Name : Bhatta Vishnu Raj
Classification : Software Developer
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Date of Birth : March 8
Designation : Member



Name : Bhandary Achyuta Nand (PHF)
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Spouse : Sama
Designation : Member



Name : Prof. Dr. Chalise Suresh Raj (PHF)
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Designation : Member



Name : Chand Dan Bahadur (PHF)
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WA : Magh 29
Spouse : Ranju
Designation : Past President, TRF Chair



Name : Dahal Kamal (PHF)
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Designation : Past President



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Designation : Past President



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WA : December 2
Spouse : Binita
Designation : President Elect



Name : Dangi Utsav (PHF)
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WA : April 18
Spouse : Kamala
Designation : Past President



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Designation : Immediate Past President



Name : Gautam Rajendra (PHF)
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Designation : Service Project Chair



Name: Dr. Chandni Jaishwal
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Designation : Member



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WA: Feb 5
Spouse: Rupa Upreti
Designation: Member



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WA: Feb 12
Spouse: Sumita Lamsal
Designation: Member



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Spouse: Kamana Jha
Designation: Youth Service Chair



Name : Karki Alina (PHF)
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Spouse : Khuba Raj
Designation : Joint Secretary , Editor



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Spouse : Jibendra Lal
Designation : Club Administration Chair



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Date of Birth : Oct 3
WA : February 10
Spouse : Jamuna Khadka
Designation : Member



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Spouse : Rachana Aryal
Designation : President



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Spouse : Pushpa
Designation : Past President



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Date of Birth : Jan 14
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Spouse : Pabitra
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Designation : Sergeant-At-Arm



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Designation : Past President



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WA : Magh 7
Spouse : Pimala
Designation : Past President



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Email : rbautgr@gmail.com
Date of Birth : Dec 9
WA : March 5
Spouse : Amul
Designation : Past President



Name : Sakya Ratna Man (Major Donor)
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WA : January 28
Spouse : Chandra Devi
Designation : Past District Governor, Past President



Name: Shah Surendra Pratap (MPHF)
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WA: March 6
Spouse: Sachu Sen
Designation: Past president



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WA: Feb 11
Spouse: Amir Shrestha
Designation: Past President



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Date of Birth: July 15
Designation: Past president



Name: Shrestha Prithbi (PHF)
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WA: March 26
Spouse: Chie Shrestha
Designation: Membership Development Chair



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Designation : Past President



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 Designation : Past President



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 Spouse : Dr. Jun
 Designation : Past President



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 WA : February 26
 Spouse : Rita
 Designation : Treasurer

Office Staffs:



Shree Krishna Dahal
Executive Secretary



Binod Raut
Office Assistance



Panna Newa
Office Helper

Presidents and Secretaries of Rotary Club of Kathmandu

Rotary Year	President	Secretary
1959-60	Gen. Kiran SJB Rana	Jagdish SJB Rana
1960-61	Gen. Kiran SJB Rana	A. Bhattacharya
1961-62	Gen. Kiran SJB Rana	A. Bhattacharya
1962-63	K.D. Shretha	Manindra Raj Shrestha
1963-64	Gen. Kiran SJB Rana	Manindra Raj Shrestha
1964-65	Gen. Arjun SJB Rana	Gopa Rajbhandari
1965-66	Gopal Rajbhandari	Tom Mendies
1966-67	Manindra Raj Shrestha	Soli R. Manekshaw
1967-68	M. Ramunny	Soli R. Manekshaw
1968-69	K.P. Gautam	C. S. Banerji
1969-70	Mani Harsha	Jyoti C. S. Banerji
1970-71	Gulab S. Harjani	R. L. Fleming
1971-72	Ranjit Kumar Ghosh	Kamal Mani Dixit
1972-73	A. Scordialos	Kamal Mani Dixit
1973-74	R. K. Shrestha	B. L. Khoshla
1974-75	P. P. Shrestha	Trailokya Nath Shrestha
1975-76	Tom C. Medies	G. H. O. Keuntje
1976-77	Jay Kumar Nath Shah	K. B. Basynat
1977-78	Hulas Chand Golchha	Kamal Mani Dixit
1978-79	Ranjit Kumar Ghosh	Kuber P. Sharma
1979-80	Dr. Jogendra Jha	D. D. Shrestha
1980-81	Kuber P. Sharma	Om P. Singh
1981-82	Dr. Jogendra Jha	D. D. Shrestha
1982-83	Soli R. Manekshaw	Kamal Mani Dixit
1983-84	Ratna Man Sakya	Tehmas R. Manekshaw
1984-85	Kunj Bihari P. Singh	Tehmas R. Manekshaw
1985-86	Murari SJB Rana	Robert O. Weise
1986-87	H.E. Kazuo Kaneko	Robert O. Weise
1987-88	Bhubaneswar Amatya	K. Radha Krishnan
1988-89	Robert O. Weise	Ravindra Kumar Kohli
1989-90	Tehmas R. Manekshaw	Bishwa Nath Jajodia
1990-91	Trailokya Nath Shrestha	Jagadish Bhakta Mathema
1991-92	Col. Hem Bahadur Karki	Krishna Murari Timilsina
1992-93	Dr. Jogendra Jha	Bala Krishna Shrestha
1993-94	Hukum Chand Dugar	Krishna Murari Timilsina
1994-95	Ratna Man Sakya	Krishna Murari Timilsina
1995-96	Dr. Loke Bikram Thapa	Kamal Dahal
1996-97	Krishna Murari Timilsina	Kamal Dahal
1997-98	Dr. Om K. Malla	Bishnu Subedi
1998-99	Tek Chandra Pokharel	Bishnu Subedi
1999-2000	Dr. Kishore Kumar Pradhan	A. S. Grover
2000-01	Kamal Dahal	Kedar Prasad Sharma
2001-02	Satya Pal Sachadeva	Rajeswar P. Pant
2002-03	Bala Krishna Shrestha	Suresh Satyal
2003-04	Amod Adhikari	Bijaya Lal Shrestha
2004-05	Bishnu Subedi	Rajeswar P. Pant
2005-06	Sushil Bhattarai	Narayan Pd. Manandhar
2006-07	Krishna Murari Timilsina	Dinesh Raj Sharma
2007-08	Kedar Prasad Sharma	Narayan Khatri
2008-09	Rajeswar P. Pant	Anup Subedi
2009-10	Narayan Pd. Manandhar	Anup Subedi

Rotary Year**President****Secretary**

2010-11
2011-12
2012-13
2013-14
2014-15
2015-16
2016-17
2017-18
2018-19
2019-20

Suresh Satyal
Dinesh Raj Sharma
Anup Subedi
Dan Bahadur Chand
Rajendra Kumar Dahal
Suresh Das Shrestha
Mona Adhikari
Surendra Pratap Shah
Ram Gartaula
Narayan Krishna Kharel

Dan Bahadur Chand
Rajendra Kumar Dahal
Keshav Thapa
Surendra Pratap Shah
Narayan Krishna Kharel
Sujata Nepal
Achut Babu Ojha
Pradeep Pandey
Sunita Karmacharya
Utsav Dangi

Best Wishes to
President Narayan Krishna Kharel
and Entire Team of
Rotary Club of Kathmandu
on the occasion of
62th Installation Ceremony.



Asterisk International Services Pvt. Ltd.

Manufacturer and Exporter of Felt and Nepalese Handicrafts

Birendrachowk, Kadaghari, Kageshwori Manahara-7, Kathmandu, Nepal, **Tel : +977-1-4991177**

E-mail : info@ais.com.np URL : www.ais.com.np



A brief account of activities 1959-2019

Rotary club of Kathmandu

1959 Gen. Kiran SJB Rana was installed as the president

Rotary club of Kathmandu (sponsored by RC Darbhanga, India, District 325) was chartered on April 13, 1959 and admitted into Rotary International under the District 325.

The Charter of the Rotary Club of Kathmandu (RCK) was presented on Sunday, June 28, 1959 in the presence of king Mahendra at the Army Hall. There were 30 Charter member, Gen. Kiran SJB Rana served as Charter President for three consecutive years.

-During the meeting Rotary Club of Kathmandu proposed a school for the visually impaired students and the then Prime Minister announced the establishment of a school for visually impaired students at kirtipur, Nepal.

-Dance and drama were performed by artists of Tagore's Sura Mandir institute of dance and drama, Calcutta to collect fund for the Blind School from November 25-29 and the proceeds were handed over to Government of Nepal to run the school. King Mahendra had arranged for the air transport of the artists in his private plane, and made arrangement for lodging and boarding in Kathmandu.

1962-63 Kumar Das Shrestha was installed as the President.

-To observe the U.N. day variety entertainment program was organized on October 24.

-King Mahendra contributed Rs.1 lac to purchase land and construct Rotary Building with a big hall.

1963 Gen Arjun SJB Rana was installed President.

1964-65 Gopal Raj Bhandari was installed president.

-RCK organized an eye camp at the Bharat Darshan Exhibition Hall at Sano Tundikhel on March 19, 1966. More than seven thousand patients were benefited. King Mahendra visited the camp and encouraged Rotarians for more service projects at community.

1966-67 Manindra Raj Shrestha was installed as the president.

-On March 4, 1967, first district conference was organized at the Exhibition Ground. The then District 325 Comprised of clubs of East India (then east Pakistan), Nepal and Burma. King Mahendra as the Chief Guest attended the conference and addressed the participant.

-On October 4, Dallu Village near Swayambhu was adopted by RCK. 500 books were given to start a library. 400 fruit tree saplings were planted in the village. Later annual salary of a school teacher was also given to the village.

1967-68 M. Ranunny was installed as the President.

-King Mahendra inaugurated the Rotary Building on May 11, 1969. RCK became the 13th Club in the whole world to have its own building. -The Rotary Anns established Inner Wheel Club in 1969, sponsored by RCK with founder President Mrs. Kamala Rajbhandari. In collaboration with inner Wheel Club, RCK started running a weekly children's clinic, providing service of a pediatrician and free medicines.

-The Inner Wheel club also started international cooking classes for expatriate women.

-A Rotary Technical Scholarship was awarded to a school for higher study at abroad.

-A donation of RS. 5,000 was sent to Pakistan relief Fund.

1969-70 Mani Harsha Jyoti was installed as the President.

1970-71 Gulab S. Harjani was installed as the President.

1971-72 Ranjit K. Ghosh was installed as the President.

1972-73 A Scordialos was installed as the President.

1973-74 Raj Krishna Shrestha was installed as the President.

1974-75 Prem Prakash Shrestha was installed as the President.

1975-76 Tom C. Mendies was installed as the President.

-RCK organized District Conference in Kathmandu on April 9-11. The program was attended by 500 Rotarians from Bhutan, Burma, Bangladesh, India and host Nepal. The participants included RI

President Ernesto Imbassahy de Mellow and DG Iftekharul Alam.

1976-77 Jaya Kumar Nath Shah was installed as the President.

-RCK sponsored Rotary Club of Biratnagar the second Rotary club in Nepal and first one in the terai region. Former Prime Minister Nagendra Prasad Rijal became the Charter President of the club.

1977-78 Hulas Chand Golchha was Installed as the President.

-RCK in cooperation with Rotary Clubs of Saitama, provided assistance and support to Nepal Anti TB Association for TB control and construction of NATA Building/ sanatorium at Kalimati under WCS project 858/859.

1978-79 Ranjit K. Ghosh was installed as the President

-Support and assistance to TB control continued.

1979-80 Dr. Jogendra Jha was installed as the President

-RCK started contributing Rs. 5000 monthly to Bir Hospital for the needy patients at the Emergency ward.

-Support to TB control through Nepal Anti TB Association continued.

1980-81 Kuber P. Sharma was installed as the President

- Support to TB control project continued .

1981-82 Dr. Jogendra Jha was installed as the President.

-RCK started second World Community Service Project no. 1552. This project focused on helping TB patients of Nepal through Nepal Anti Tuberculosis Association and to help leprosy patients through Nepal Leprosy Relief Association. Japan contributed significantly for this project. Rotary Club of Saitama played a major role in TB control program in Nepal. Provide custodial care and impart education were the main features of the project.

-Rs.15000 was contributed annually for the rehabilitation and another RS 15000 for children's education.

-Construction works of Nepal's first Children Park at Bhirkuti Mandap was initiated in cooperation with embassy of India.

1982-83 Soli R. Manekshaw was installed as the President

1983-84 Ratna Man Sakya was installed as the President

(Vice President Kunj Bihari took over the charge as acting president after Ratna Man left for the USA)

-US\$1000 was donated to anti-TB Association.

-Vocational Award was given to lady Traffic Officer and best trainer .

-RCC Shikoku, Japan sponsored 2 nurses for training for 9 months .

- Water Supply Project at Manikhel VDC of Lalitpur .

-Sri Krishna Madhyamik Vidyalaya Building at Dapakhel and Mahalaxmi Campus building at Lubhu Lalitpur were completed under the grant provide by USC Canadian in 1983 (under SSNCC).

-A cheque of Rs.50,000 was handed over to Ms. Christina for the medical support of emergency ward at Bir Hospital and arrangement was made to donate Rs. 5000 monthly for several years .

-Enquiry counter was established at Bir Hospital and salary of Telephone operator was also donated.

-Rotary Club of Kathmandu celebrate its Silver Jubilee 11-14 April 1984. Queen Aishwarya inaugurated the celebration on April 11.

-A cheque of Rs. 75000 was handed to Leprosy Relief Association . The amount was collected from Runa Laila Musical Night Charity show at Royal Nepal Academy Hall.

-Beds and mattress were donated to Kanti Hospital.

1984-85 Kunj Bihari Prasad Singh was installed as the President

-Arrangement was made to donate one third of the amount of rent collected from Rotary Hall, renting to Inner Wheel to run three Children's Clinics :Bhimsen Gola, Baneshwor, Balaju and Gue Tole Patan .

-Rotary Club of Biratnagar (RCK sponsored)sponsored Rotary Club of Dharan and was chartered on June 12, 1985

1985-86 Murari SJB Rana was installed as President

-Mrs Amira Dali was sent to Japan for nurses training .

-PP Gopal Raj Bhandari became Polio Plus Committee Chairman .

-Rotary Club of Kathmandu sponsored Rotary Club of Patan on August 9, 1985.



-Salyanstan became the first Rotary Village Corps (RVC) of Nepal . Sri Krishna Dahal became the first RVC chairman.

1986-87 Kazuo Kaneko (Ambassador of Japan) was installed as the President

- A deep tube well was bored at Teku Hospital at the cost of Rs.18,989.
- Rotary Hall was partially renovated ,drainage were made around the complex , garden was designed and saplings were planted by Japanese botanist Toru Kundo. Renovation cost about Rs 700000 was used (Rotarians contributed Rs. 68000 and Teise Company managed the rest). After renovation Japanese company Taisei co. handed over the building on Jan 30.1987.
- Salyanstan , Kirtipur was adopted as model village .
- Rotary Foundation scholarship was given to Jay Sing Shah.
- Salyanstan , Clinic was inaugurated by Kazuo Kaneko.
- Kazuo Kaneko, Mani Harsha Jyoti ,Hukum Chand Dugar became PHF.
- Scholarship os US\$750 from Anchorage East and US\$300 from RC Salt Lake was given to Prem Thapa.

1987-88 Bhubneswar Amatya Was installed as President

- A donation of US\$3407 was given to Salt Lake District Clinic Calcutta, India through Kazuo Kaneko.
- US\$6000 was raised for Polio Plus Program .
- US\$2000 donated by RC Ontario, Canada was handed over to Patan Hospital to purchase dental equipment .
- PP Hukum Chand Dugar became 2nd Polio Plus Committee Chairman .
- President Bhubaneswor Amatya and Robert Weise contributed Rs. 6000 each for PHF . Bhubaneswar also committed Rs. 5 per day for three years .

1988-89 Robert O. Weise was installed as the President

- Water supply Project at Sindhuli Chowk sponsored by RC East Lane , UK was completed
- 10 hoarding boards for children at various bus stops were installed .
- RI Zone II Institute was organized and hosted . District Governors of 14 District participated

1989-90 Tehmas RJC Manekshaw was installed as the President

- American Concert was organized on November 3.
- On November 19, 1989 Charter Certificate was presented to Rotary Club of Kathmandu Mid - Town (sponsored by RC Kathmandu) by RIPE Paulo VC Costa.
- Asia Zone II was hosted on 16-19 November . Queen Aishwarya inaugurated the institute . RIPE Paulo V C Costa was chief . Past Rotary International Director Raaja Saboo was also present.
- Inter city meeting was hosted on November 19.
- District Governor Kamal Seth granted Rs. 380000 for Duwakot water project .

1990-91 TrailokyaNath Shrestha was installed as the President

- Dr. Alan Gale of RC Northbridge Australia initiated to establish a Cardical Surgical unit at Bir Hospital with the donation of Australian \$50000 and RC Kathmandu matched US Dollar 1000 in July 1990.
- Over head water tank project at Phaika Ganesthan, Duwakot Bhaktapur was completed at the cost of Rs. 409322 and inaugurated by US ambassador Julia Chang Bloch in October . This project was initiated by District Governor Kamal Seth
- A library cum clinic building was inaugurated at RVC Salyanstan by Smuel E. Moyal Israeli Ambassdor.
- Rtn Ron Marcus of RI District 9680 Australia Provided technical support to establish cardiac surgical unit at Bir Hospital along with medical, surgical and electric equipment donated by SAN Hospital of Sydney on October ,1990. A team of doctors of SAN was with him .
- Dental chair equivalent to US\$18000 were handed over to Nepal Oral Health Society , Bharatpur Hospital, Teaching Hospital, Biratnagar Hospital and Friends Club. One dental chair was delivered to Dolakha hospital by Purushottam Acharya .

1991-92 Col. Hem Bahadur Karki was installed as the President

- RI President Rajendra Kumar Saboo and Anne Usha visited Nepal on 15th April 1992. RIP Saboo inaugurated the renovated and modernized Coronary Care Unit at Bir Hospital . Australian Rotarians and a medical team had lent their financial , medical and technical support to renovate and modernize the unit. DG Subimal Ghosh , DG Tek Atkinson , District 9680 Anne Lois , team leader Lee Russel , Rtn Graham Goodfellow and Rtn. Dr .Alan Gale were present .

1992-93 Dr. Jogendra Jha was installed as the President .

-With the donation of Rs 600000 from members of RC Kathmandu CCU was constructed and renovated at Bir Hospital in Dec 1993 on the initiation of Dr. Loke Bikram Thapa.

1993-94 Hukum Chand Dugar was installed as the President

-Dr. Prof. James Thomas Chief Cardiac Surgeon from St. Stephens Hospital , Delhi and Dr. Alan Gale conducted first open heart surgery at Bir Hospital in Dec 1993.

1994-95 Ratna Man Sakya was installed as the President

- A Water Tank at Salyanstan was completed at the cost of Rs. 1, 62,723 sponsored by RC Essendon, Victoria RID 3040 Australia under Aid UK and RC Kathmandu.

- Rotary Club of Mansfield initiated the Nepal Cancer Project to provide Radiotherapy services at Bhaktapur Hospital establishing Bhaktapur Cancer Care Centre in response to a request made by Nepal Cancer Relief Society through Rotary Club of Kathmandu.

1995-96 Dr. Lok Bikram Thapa was installed as the President

- Rotary Club of Mansfield and Rotary Club of Kathmandu Jointly applied for a 3-H grant of \$ 373,025 for the Bhaktapur Cancer Care Centre. Rotary Clubs of Kathmandu-Mid town, Ktm North, Patan and Patan West co-sponsored the project contributing US\$1000 each.

- Rotary International South Asia Conference of Peace and Development was held at BICC, Kathmandu on January 11-13, 1996. Queen Aishwarya inaugurated the conference. About 450 participants from India, Bangladesh, Pakistan, Sri Lanka and host country Nepal attended the conference. Among the participants were RI President Herbert G. Brown, PRIP Raja Saboo, DG AlokeMitra. RCK played key role to make the conference a grand success.

- RCK agreed to support ADRA/Rotary Australia joint program initiatives in Nepal as follows:

- Rotary volunteer support for the Shahid Gangalal National Heart Center at Bansbari that included site manager for six months,
- Rotary support the overall volunteer construction objectives of NHC for up to five year period,
- Construction of Scheer Memorial Hospital Staff Quarter Building at Banepa,
- Support for the construction of a Clinic and Primary Health Care Training Centre at Kalikasthan, Rasuwa.
- The above mentioned projects were jointly sponsored by Rotary Clubs of Australia and ADRA. Rtn. Ron Marcus and Paul Dulhunty were heavily involved with these projects.
- A MBBS Student Umesh Chandra Sharma was awarded full expense for his study for three years with the contribution of RCK Members.

1996-97 Krishna M. Timilsina was installed as the President

- Rtn. Tehmas RJC Manekshaw, Past President of Rotary Club of Kathmandu was installed as the District Governor of 3290. He became the first DG from Nepal in 37 years of Rotary moment in Nepal.

- On 6 November, 1996 The Rotary Foundation Trustees approved the total grant of \$ 3,78,025 for Bhaktapur Cancer Care Centre.

- On 6 November 1996 Rotaract Club of Kathmandu, sponsored by RCK was chartered.

- Rotary District 3290 Conference was held at Royal Nepal Academy Hall on 21-22 February 1997.

- The conference was attended by RIPR PRID M.K. Panduranga Setty, DG TehmasManekshaw, PDG Jagdish Rana (from Shimla), PDG Subimal Ghosh, PDG Amit Kumar Majumdar, PDG Amiya Shanker Gupta, PDG Mihir Roy, PDG Vijay S. Bhandari, PDG Jyotindra M. Vakil, PDG Amitava Bhattacharya, DGN Anjan Kumar and president of host club Kathmandu and co host clubs of Calcutta.

- In January First National Immunization Days were observed in Nepal and RCK played the lead role to make the polio eradication campaign. PP Dr. Jogendra Jha of RCK was the Chairman of Polio Plus National Immunization Committee.

- Rtn. Tehmas Manekshaw, a member of RCK was awarded Benefactors Recognition by the Trustee of The Rotary Foundation.

- In collaboration with Dublin-Worthington, USA a Poison Control Center was established and was inaugurated by US Ambassador Julia Chang Bloch. RCK had proposed that center.

- In collaboration of Rotary Club of Chiba-West, Japan a second drinking water project was proposed for Salyanstan (RVC) village, near Kritipur at the cost US\$ 3,500.

- A group of Gandharvas, whose only means of livelihood was on the brink of collapse were

provided financial support which made them capable for earning their bread.

- RCK provided immediate relief to the flood and landslide victims of Dolakha.
- Dr. Binod Kumar Parmar, Ms. Samjhana Uprety and Rtr. Paras Pokharel were selected for the Rotary Foundation Japan Ambassadorial Scholarship.
- In March 1997, The Rotary Foundation approved a Matching Grant of \$16,000 to establish Saraswati Teacher's Resource Center at Shuva Tara School.
- Extension of one big room at the Community Health Center at RVC Salyanstan.

1997-98 Dr. Om K. Malla was installed as the President

- Rs. 44,503 was donated to Baba Batika School.
- Scholarships of Rs. 51,400 were distributed to school students.
- Medical Camps were organized and Rs. 1,11,075 was contributed for that purpose.
- RCK supported the purchase of a Mobile Operating Van proposed by ADRA. The van was purchased with the financial assistance of RC Epping, Australia.
- The implementation of Bhaktapur Cancer Center project continued. Dr. Om served as Primary Contact Person.

1998-99 Tek Chandra Pokharel was installed as the President

- Rajya Shree Scholarship Fund was established by Tek Chandra Pokharel in memory of his wife on 1 July.
- Mobile Clinic Van purchased under the Matching Grant No. 8234 in cooperation with Rotary Clubs in Australia was donated to Rasuwa Community Health Center. Rtn. J.A. Castely and Rtn. MALcomDeall were heavily involved in the project implementation.
- Health Minister K.B. Gurung inaugurated ADRA Clinic and Family Planning Center at Kalikasthan, Rasuwa. The projects were sponsored by RCK.
- Four month long Hosiery Training was conducted in March at Salyanstan RVC.

1999-2000 Dr. Kishor Kumar Pradhan was installed as the President

- King Birendra inaugurated the Bhaktapur Cancer Care Center on October 8, 1999 the first 3-H Grant Project of Rotary Club of Kathmandu co-sponsored by Rotary Club of Mansfield and four other clubs in the Kathmandu valley.
- MBBS student Binod Gupta was awarded entire expense for his study.
- PDG Tehmas became the First Major Donor from the club.
- Free Dental Camp was organized at the Rotary Hall.
- A Health Camp was organized at Godamchaur VDC Lalitpur and Tistung on October 9, 1999.
- Dibyeswari Drinking Water Project (DhrubaDhara) at Lokanthali, Bhaktapur was inaugurated on November 25, 1999. The WCS project was sponsored by RC Nishinomiya (cost Rs. 3,41,000).
- A reservoir was constructed under WCS Project worth \$2,850 at Matatirtha sponsored by RC Chiba West, RI District 2790 Japan. Rtn. Ram Gartaula was instrumental in formulating and implementing the project and also a grant to Dental Hospital.
- Three months cane, bamboo goods making training at Aurobindo Ashram at Thankot, Chalk clay handicraft training at Rotary Hall Thapathali were conducted.
- 3-H Grant Project for the Center for Maxillofacial Surgery (TRF \$ 1,55,018 + RC Peebles, Scotland RI District 1020 \$ 1,93,870 started implementation. Dr. David Geddes was the Primary Contact Dr. Andrew C. Wong visited the project site.
- Cath Lab was inaugurated at ShahidGangalal National Heart Center on Wednesday 26 April. The lab, first of its kind in Nepal was donated by St. Vincent Hospital in Australia through Rtn. Ron Marcus in response to the request made by RC Kathmandu.
- RCK hosted All Nepal ICM on 25 March 2000.
- A building for Mathurapati School at Kavre was constructed. It was sponsored by RC Gananoque, Canada.
- A health camp was organized at Katunje, Bhaktapur.

2000-01 Kamal Dahal was installed as the President

- Bhotechaur Community Hospital Project was initiated. President Kamal served as Primary Contact Person.
- Social Service Wing at National Dental Hospital was formed and \$12,495 was provided under Matching Grant (12342) by Rotary Club of Sugunami, Japan.
- A reservoir of 1,00,000 liter capacity was constructed at Kritipur Municipality Ward no. 6 at the cost of \$5,000 from RC Sapporo, Japan and local government institutions Rs.10,00,000.

- A donation of Rs. 1,72,457 was sent to the earthquake victims in Gujarat on 7th March, 2001.
- Scholarships of Rs. 68,750 were distributed to students.
- RCC at Godamchaur and Interact Club of Kanya School Lainchaur were formed.
- MCH Eye Camp was organized at Moolpanivilaage on 7th April, 2001.
- GSE Team from Canada was hosted.

2001-02 Satyapal Sachadev was installed as the President

- Rs. 60,000 was donated to Kuruwaghar at Bhaktapur cancer Hospital.
- Health Camp was organized at Tathali, Bhaktapur.
- An Ambulance was handed over to Kyung Hee Hospital at MadhyapurThimi.
- Vocational Training Center for Blind and Disabled Persons was established at Nagaun, Kritipur.

2002-03 Bala Krishna Shreshtha was installed as President

- Medical equipment received under Matching Grant was handed over to Phaplu Hospital at Solukhumbu.
- A reservoir construction was completed under WCS project worth \$ 2,850 sponsored by RC Nishinomiya.
- Nagarkot Community Clinic was renovated.
- Scholarships of Rs. 67,250 were distributed to school students.
- Chhauni Children's Orphanage Project at Gokarna was completed under Matching Grant of Rs. 4,48,121 sponsored by RC Limoux, France.
- All Nepal Intercity Meeting was organized on September 4 hosted by RC Kathmandu.

2003-04 Amod Adhikari was installed as the President

- Rs. 13,500 was provided to a student Sunil Pokharel as scholarship.
- Medical supplies received from RC Cincinnati, USA were distributed to health institutions.
- Construction work on the Prosthetic Center at Jorpati started under the Jaipur Limb Project.
- National Center for Oral and Maxillofacial Surgery was inaugurated at National Dental Hospital Building at Panipokhari. A separate floor was constructed for the center by PP Gopal Raj Bhandari at the cost of Rs.25,00,000 and was named Gopal-Kamala Block.
- Construction of Technical Training Building for the disabled persons at Kritipur was completed at the cost \$ 16,412 in cooperation with RC Ermelo Puttin, Holland.
- Construction of reservoirs at Matatirtha in cooperation with RC Nishinomiya, Japan.
- Health Camp at Godamchaur VDC, Gagalphedi, 2 weeks free Artificial Limb Camp at Jorpati Hospital, pap smear examination at Rotary Hall were organized and World Sight Day was observed organizing eye screening camp at Buddhanagar Primary School.
- PP Tek Chandra Pokharel donated Rs. 26,640 for the Rajyashree Pokharel Scholarship Fund created in memory of his wife.
- Scholarships of Rs. 1,08,118 were distributed to school students.

2004-05 Bishnu Subedi was installed as the President

- Scholarship of Rs. 25,000 for the Centennial Expedition team to Mt. Everest led by Rtr. Moni Mulepati.
- Children's Painting exhibition at Koshigaya, Japan
- Rotary Centennial year was observed with many programs. Centennial Bell Ringing program was organized at Rotary Hall on 26 September. Chief Guest was Prime Minister Sher Bahadur Deuba. Similar Bell Ringing was organized at RC Biratnagar followed by a procession in the town. Chief Guest was Bharat Mohan Adhikari.
- A water tank was installed at Buddhanagar Primary School and eye check camp also organized.
- One day Oral Health Camp was organized at Bishankhunaryan VDC.
- An Ambulance donated by Indian Embassy was handed over to Nagarkot Community Health Center.
- Health Camps at Tathali, Nagarkot and Bhadrabas Villages were organized.
- Scholarships of Rs. 48,000 to 10 students of Mathurapati School, Kavre were awarded. The Scholarships were donated under Rajyashree Scholarship Fund donated by PP Tek Chandra Pokharel in memory of his wife.
- Basic Nursing Training was provided to two girls at the expense of Rs. 30,000.
- Mr. Manoj Sharma (a blind) was supported with Rs. 32,606.
- PP Gopal Raj Bhandari became the Major Donor from the club.
- Medical equipments supplies worth millions of Rupees received from RC Cincinnati, USA were

donated to various health institutions.

- Training Center for the blind at Kritipur under Matching Grant of 32,824 No. 18709 sponsored by RC Ermelo Puttin Holland was completed.
- Medical equipments to Phaplu Hospital, Solukhumbu worth \$3,100 under Matching Grant No. 17980 sponsored by RC Steamboat spring, Netherlands handed over.
- Construction of Bhotechaur Community Health Center building under Matching Grant No. 17668 sponsored by RC Rouge Gateway, USA was completed at the cost of \$ 48,000.
- Individual Grants (No. 0450655) of \$ 3,900 and (No. 0450739) of \$3,838 were provided to National Dental Hospital.

2005-06 Sushil Bhattraï was Installed as the President

- An ambulance was donated by RC Arizona under Matching Grant was handed over to National Kidney Center.
- 300 IOL operations at Kathmandu Medical College ,Sinamangal and 700 IOL operations at Ram Lal Golcha Hospital Foundation , Biratnagar were initiated under matching grant project .
- Artificial Limb project was initiated
- Rs. 48000 was donated by RC Ganannoque was handed over to staff nurse of Biratnagar Hospital Roshani Ranjit on Dec 14
- Cardiac X-ray Image Laboratory was installed at Shahid Gangalal National center on 12Jan . The WCS project was sponsored by RC in Australia in cooperation with western hospital .Melbourne .
- Nagarkot community health center was adopted for further development . Vocation award was given to BegamRokka.
- Medical supplies received from RC of Cincinnati ., Louisville Kentucky USA were distributed to Health institutions .
- Inter city meeting on population and development was hosted on 23 Feb
- Newly constructed school building at Mathurapati ,Kavre was inaugurated on April 4. The project was sponsored by RC Lexington and Ganannoque , Canada under the WCS (\$7354)
- Rotary Library was inaugurated by DG Swapan Mookherji on June ,2006

2006-07 Krishna M. Timilsina was installed as the President .

- Financial assistance was provided to Mrs. LeelaKandel , a cance patient
- Health Camp was organized at Padampur , Chitwan and Rs 15000 was donated for that Purpose .
- Financial support of Rs 5000 to each heart patient Basu Prasad Khatiwada, orthopedic patient Nava Raj Poudel and Rs 6000 to community Development society was given
- Financial support to blind student Manoj Sharma was provided.
- Vocational award to Mana Kaji Kanandhar and Rajendra B. Silwal was given for the protection of environment at Salambu Community Forest.
- A donation of Rs 10000 to flood victims
- Children's participation in Art exhibition organized by RC Koshigaya, Japan
- World Diabetes Day was observed organizing one-day interaction program at Rotary Hall.
- Health Camp was organized at Thathali village on 25th Nov
- Eye camp at Rotary Hall on Dec 9
- Scholarship of Rs 60000 from Rajyashree Scholarship Fund was distributed to school students.
- Medical Supplies received from CFI International Universal Aide Society Canada was distributed
- RCK agreed to be primary Host Partner for the Jaipur Limb Project later named Nepal Orthotic and Prosthetic center to be stationed as Jorpati. The project partner was RC of Loughborough,UK.
- Nepal Orthotic and Prosthetic Centre officially inaugurated jointly by District Governor Rajkumar Rajgaria and Nwang Sherpa who had successfully scaled Mount Everest with artificial legs.
- 1000 IOL operation (300 from Kathmandu Medical college and 700 hundred from Golchha Eye Hospital Foundation Biratnagar completed).
- US \$6,104 received from RC Sydthey, Denmark for the Pikey Lower Secondary school at Solu.
- Personal Collection of Rotary News Magazine over the last 12 years by president Krishna was handed over to Rotary Library .
- Polio Plus Orientation Workshop was organized on November 6, Scholarship of Rs 52,203 from Rajya Shree Scholarship Fund was distributed .
- A Rotaract was sponsored for the RYLA Camp .
- Free artificial limb camp was organized at Jorpati.
- PP Ratna Man Sakya was unanimously proposed for the candidate of DG 2009-10 by the club on November 8

2007-08 Kedar P. Sharma was installed as the President

- ANM project under matching grant was initiated .
- Eye and Dental Camp was organized at Rotary Hall on July 28.
- Science Lab at Shree Chandra Jyoti LS School was establish with the sponsorship of RC Padborg, Denmark at the cost of Rs 1439000.
- US\$ 1980 was donated to Sahara Griha, Sankhamul .
- Mass Vision test was conducted at various schools .
- Health Camp at Panchakanya School ,Baluwater organized on 19th Dec.
- PP RtnTek Chandra Pokhrel Donate Rs. 54,108 to Rajyashree Scholarship Fund
- Free Artificial Limb Camp was organized at Jorpati.
- Rs 10000 was contributed to celebrate the inaugural of New District 3292 . Rs 336956 was donated to Nagarkot Community Health Center.
- US\$1987 was handed over to National Center for oral and maxillofacial suregery .
- Scholarship of Rs 43500 from Rajyashree Scholarship Fund was distributed to students .
- Donation od Rs 678191 received from RC Denmark was handed over to Jana Chetana School at Solu.
- Rs 600000received from RC Rougue , Gateway , USA was handed over to Bhotechor Community Hospital .
- Rs 360000 to solu school Rs. 136023 to Loding School and Rs 287677to Tamakhani School were handed over .
- Water Supply project at Khadga Bhanjyang VDC ,Nuwakot was completed at the cost of Rs 808248

2008-09 Rajeswar P Pant was installed as the President .

- On October 1, 2008 long awaited Rotary Plaza Construction Agreement was signed with Tundi Construction Company Pvt. Ltd.
- Scholarship of Rs 18878 were given to the students of Nagarkot.
- Rs. 6000 was given to cancer patient at GokulSwar.
- Vocational award was given to Subarna Vaidya (Ghate Vaidya) in recognition of his services to the patients .
- Matching Grant no. 6444 Drinking Water Project of Khadga Bhanjyang,Nuwakot was completed .
- A donation of Rs.80000 was sent to Koshi Flood victims.
- Rs. 65000 was donated to Nagarkot Community Health Center .
- A donation of Rs. 1 lac. From Dr. Shambhu Prasad Pant was given to Bhaktapur Cancer Care Centre for the construction of Kuruwaghar.
- MG no. 63261 Driling and water Supply Project at Aurobindu Ashram Thankot was completed ,
- PP Tek Chandra Pokharel donated Rs. 54,015 for the Rajyashree Pokharel Scholarship Fund
- PP Dr. Loke Bikram Thapa donated Rs. 3 lacs for Khaniya Kharka School at Sindhuli.
- MG no. 60266 Bhotechor Community Health Center Project was completed PP Kamal Dahal and PP AmodAdhikari were heavily involved with this project .
- Charter Member Biswanath Jajodia donated Rs. One lac for Kuruwaghar at Bhaktapur Cancer Care Centre .
- Charter Member BiswanathJajodia donated Rs.11000 for Nagarkot Community Health Centre .
- A donation received from RC Skivehus , Denmark was handed over to Jana Chetana School at Solukhumbu .
- MG no. 64201 ANM Project was started with the TRF contribution of Rs 1401959 . PP Tek Chandra and PP Bishnu are heavily involved with this project .
- PDG Tehmas Manakshaw donated Rs. 10000 to Nagarkot Community Health Center .

2009-10 Narayan Pd. Manandharwas installed as the President.

- A Matching Grant No 69394 of US \$ 11,400 sponsored by Rotary Club of Nishinomiya Japan for the Chhaling water project at Bhaktapur. A Rotary Club of Australia in Perth (Rotary Club of Freshwater Bay RID 9450) has sponsored the financial support of Rs. 2,04,247 to the Angel Academy of Kirtipur.
- A Matching Grant project No. 72153 of US \$ 19,100 (Rs.13,99,063) for the Library Management

at Bani Bilas School, Chapagaun, Lalitpur. The project was supported by Rotary Clubs from Korea with the DDF.

- Matching Grant Project No. 64201 (US\$ 52,283) for the ANM at the Makwanpur, Dhading, Rasuwa and Nuwakot.

2010-11 Suresh Satyalwas installed as the President.

- A Matching Grant Project No. 71745 sponsored by Rotary Club of Jamestown Rotary Club, Jamestown, North Dakota amounting NPR 17,97,180 for the Soap Making by differently able people in Sindhuli.

- Cultural exchange painting competition was organized jointly with Rotary clubs from Japan.

- Matching Grant No. 71171 for the construction of drinking water system at Bhotechaur Community Hospital, Sindhupalchowk sponsored by Rotary Club of Rogue Gate Way, RC of Grant Pass, RC Greater Grant Pass and District 5110 USA. The amount of Rs: 8,36,853 was spent for Drinking Water Pipeline System.

- Interact Club of BaniBilash Secondary School was chartered by RCK at Chapagaun, Lalitpur.

- Stone laying ceremony of Rotary Community Health Center building at Boharatar, Balajurun by Inner Wheel Club of Kathmandu was done.

2011-12 Dinesh Raj Sharma was installed as the President.

- Completion of soap making factory project in Sindhuli.

- Women Health Project run by NAHUDA, donation of medical equipment of worth \$30,000 was done.

- Braille Printer worth \$3000 was handed to Disable Service Association, Bungmati, Lalitpur. The equipment was supported by Rtn. Scott Rossi, from Rotary club of Kaldeikare, USA.

- Five units of the Toilet project for the Girl students have been completed under the Matching Grant Project at Sringswari School, Jaleswari Primary School, Jalkeshwori Lower Secondary School and Shiva Puri Schools of Bhotechaur and Shree KaipalPra.Vi of Baitadi.

2012-13 Anup Subedi was installed as the President

- With the objective to support pilgrimage of JanaipurnimaMela, mobile health camp was organized from Sankhu, Kathmandu to Gosaikunda, Rasuwa. 16 membered medical team along with club members were present in the camp. More than 200 pilgrimage were supported with medical facility during the camp.

- Monthly donation of Rs: 42,250/- to the PavitraSewaSamajwas done for 24 months. The project was sponsored by Rtn. Robert Harrison Chair, World Community Service of Rotary Club of West Ottawa, Canada.

2013-14 Dan Bahadur Chand was installed as the President

- Health Camp, Janajagriti H.S.S, Golfutar Kathmandu

- 4 days health camp at NayaGaun VDC, Kavre jointly with Rotaract Club of Kathmandu and Rotary clubs from Australia. The project was worth of NRs. 5.53,546.

- Goat Project: Matching Grant No. 79326 for Goat Project at the NayaGaun VDC Kavre. Amount US \$ 23,500 sponsored by RC Howden and Kogarah, Australia for the 365 Goats.

- General Health and Eye camp was organized at Bhotechaur Health Post.

- Music system support was provided to RCC Bhotechaur followed by annual family picnic at Harsingpauwa.

- 5 days Suzuki Accupressure health camp at Rotary Hall

- Ambulance support to Godamchaur Community.

- MG No. 75838 for the Ambulance to the Community Health Center Nagarkot. This was sponsored by the Rotary Clubs of Denmark.

- Dictionary support at Saraswoti Secondary School, Lele and Ganesh Secondary School, Dukuchhap, Lalitpur.

2014-15 Rajendra Kumar Dahalwas installed as the President

- Shoe Rack was installed at Guheshwori temple from sunshine fund.

- Blood sugar screening camp and health camp at Panchakanya Ma. Vi. Chundevi, Baluwatar

- Matching Grant No. 78795 for the support of autoclave to the National Kidney Center run by the HECAF. The Grant worth of US\$ 25,000.00 sponsored by Rotary Club of Anchorage East, Alaska USA. RC Kathmandu Metro has contributed US \$ 500 for this project. His Excellency the Ambassador

Peter W. Bodde handed over the equipment as Chief Guest last month to the HECAF.

- Matching Grant No. 78350 US\$ 15,168 to help provide furnishings, science equipment, computers, printer and audiovisual equipment to Shree Ringmu Lower Secondary School in Solukhumbu, Nepal. Sponsored by RC of Northbridge Club.

- Matching Grant 79314 of US\$ 28,451.00 has been implemented for the birthing center by the cooperation of NEPAL TRUST, at Sarkeghad of Humla District.

- Matching Grant No. 79637 worth of US\$ 16,091.00 for the compound walls, wooden panels and furniture to SagarBakanje School, Bakanje VDC, Solukhumbu, Nepal. Rotarian Kurt Lumborg Project Coordinator for Nykøbing Mors Rotary Klub, Denmark.

- School building was constructed at Shree Shingery School, Lama Tar VDC of Lalitpur. The project was of worth Rs: 18,42,342. The project was done in the initiation of Rtn. Suresh Man Singh by the support of Australian Rotary Club.

-2000 dictionaries have been distributed to students of different students jointly with

-Scooter and vocational award was provided to EPSA Nepal.

2015-16 Suresh Das Shresthawas installed as the President

-Global Grant project with total cost of US \$ 30,25. Under the project three ambulance were provided at Godamchaur VDC of Lalitpur district, Baitadi District and DhanushaYangya Bhumi through SrimadBhagbatPracharPrasarSewaSangh for Janakpur Zone.

-Teachers salary, school dress for students, day meal for students, multimedia projector and other equipment support was provided to Shree Chunadevi Secondary School, Nagarkot. Through Rtn. KoziTsumimura from Rotary club of Urawa Naka, had supported US\$ 5000 (Nrs. 5,28,721)

2016-17 Mona Adhikariwas installed as the President

-Gink sheet, Pipe etc support to earthquake victims of Sindhupalchowk, Bhaktapur and Lalitpur worth Rs. 11,09,520

-Donation for EQ Victims from RC Japan 2,50,000

-Donation to Sindhuli Com. Tech Institute 10,93,000

-Donation to Sindhuli Com. Tech Institute 6,30,600

2017-18 Surendra Pratap Shahwas installed as the President

-Under Global Grant no. 1639634 Rainwater harvesting in plastic pond project was organized at Godamchaur water project at Panchkhal Municipality and Namobuddha Municipality. The project was supported by Rotary club of Gananoque, Kingston, Cataragui-Kingston, Kingston Frontenac, Montreal, Napanee, Foundation Coup de Coeur and Rotary District Funds 7040.

-Reconstruction of Nagarkot Clinic.

- Ambulance Project: A MG No. 75866 for an Ambulance to the National Kidney Center under the Health Care Foundation Nepal worth of 16,125 USD (NPR: 11,86,933) project is sponsored by Rotary Club of Arizona USA.
- Class room construction and toilet construction: 6 class rooms and school toilet construction was provided to Sagardanda Primary School, Bakanje, Solukhumbu and Ringmu Primary School, Solukhumbu. Rs: 2,85,000/- was supported to Sagardanda Primary School and Rs: 4,94,891/- to the Ringmu Primary School. Support was made by Himalayan Project and various Rotary Clubs in Denmark under the World Community Service project in the initiation of Rtn. Kurt Lumborg.
- Education Fund: A fund of Rs: 19,22,731 has been created as the Education fund for the study at the Angel Academy, Kirtipur by the sponsorship of Rotary Club of Perth, Australia on 11th July 2012.
- Dental camps: Global Grant No. 1526535 of NRs. 39,60,000 for 3 dental camps.
- Microcredit project: Matching Grant 64201, US\$52,283 to help train Auxiliary Nurse Midwives and provide micro-credit in the districts of Makwanpur, Rasuwa, Dhading and Nuwakot, sponsored by RC Naumburg /Saale (D-1800), Germany.
- Medical equipment support: Matching Grant Project for Equipment Supplies in the Post Up ward of Nepal Ortho Hospital with the support of Rotary Club of Arizona USA. The project was of worth US\$ 21,000.

Projects implemented during RY 2018-19

Sanitation project at Chaulakharka, Solukhumbu (\$54,000)

Rotary Club of Kathmandu with the support of Danish Rotary clubs is supporting Himganga Secondary School, Chaulakharka, Solukhumbu with sanitation project. Under this project, furniture (desk and bench) in all classes, gender and child friendly toilet with bathroom and drinking water supply scheme is being constructed.



Green Laptop Distribution project at Gorkha and Bhaktapur :

Green laptops distributed to 2 schools of Gorkha and 1 school at Nagarkot, Bhaktapur. (\$39,000)

• Tree Plantation Program "Rotary Batika": As an initiative towards environmental conservation,

Rotary club of Kathmandu organized a tree plantation program at Shree Chunadevi Sec. School, Nagarkot on 11th August, 2018. Around 100 saplings of different species were planted by members in the loving memory of family members and past presidents.



• **Scholarship and Lunch Support Project:** Under this project Rotary club of Kathmandu provided scholarship support to 170 students of Sindhuli district along with regular tiffin support to 170 students. Scholarship along with school uniform, stationary, school bag and school shoes were provided to 100 students of Shree Kamala H.S. School and 70 students of Shree Kalika H.S. School. Similarly, regular tiffin support was provided to 40 student of Shree Kamala H.S. School, 70 students of Shree Kalika H.S. School and 60 students of Shree Himalayan Secondary School.



• **Interact Club formation :** On 5th April 2019, Rotary club of Kathmandu organized charter presentation ceremony of its new partner in service club; Interact club of Shree Chunadevi Secondary School, Nuwakot. 25 membered interact club lead by Charter president Itr.AashmanTamang were inducted into Rotary family by District Interact Committee Chair (DICC) Rtn.Binita Pradhan as Chief Guest.

• **61st Charter Day Ceremony:** Chartered on 13th April 1959, Rotary Club of Kathmandu had celebrated its 61st Charter Ceremony on 13th April 2019 at Hotel Himalaya, Lalitpur. DG Rtn. Chintamani Bhattarai addressed the ceremony as chief guest.



• **Scholarship project :** Rotary Club of Kathmandu distributed scholarship to 60 students of Shree Himalayan Secondary School, New Road, Kathmandu on 18th February 2019. Regular food support along with stationary support was provided to 60 students for two months. The program was organized in the presence of club President Rtn. RamGartaula, PP Rtn.SureshSatyal, Rtn.Suresh Man Singh and Rotaractors of Rotaract Club of Kathmandu.



• **Menstrual Hygiene Management Project:**

Rotary Club of Kathmandu in coordination with Rotary Club of Corrimal and cooperating partner organization Connection Nepal supported 400 school girls of Shree Jalpa Devi Secondary School, Kamalbazar Municipality, Achham, Shree Satya Secondary School, Budhinanda Municipality, Bajura and Shree Samundra Secondary School, Shivapuri Rural Municipality, Nuwakot with reusable & eco-friendly Menstrual Hygiene Management Kits. Similarly, reusable and eco-friendly sanitary pad making training was provided to 50 womens of Kamalbazar Municipality, Achham and Budhinanda Municipality, Bajura.



• **Support to School Student :** On 13th June 2019, Rotary club of Kathmandu distributed shoes and socks to 30 underprivileged students of Shree Sankhu Basic School, Sankharapur, Sankhu, Kathmandu.

The school was established in 1958. The program was organized in the presence of President Rtn.RamGartaula, PP Rtn.

SureshSatyal, Secretary Rtn.SunitaKarmacharya and Rtn.RajendraGautam.

• **Container Kitchen Project:** Volunteers from Rotary clubs at Australia volunteered to convert container into Kitchen at Kamala Higher Secondary School, Sindhuli. Those kitchen will assist to provide day meal to students, so that they will be able to receive quality education with nutritious food. Rotary club of Kathmandu is supporting students of this school with scholarships.



• **Training on Child Birth**

Education & Emergency Birthing Skills : Rotary club of Kathmandu in collaborations with Rotary Club of Gisborne RID 9800 Australia and Rotary club of Timaru RID 9980 New Zealand organized "3 days training on child birth education and emergency birthing skills" from 9-11 May 2019 at Hotel Moonlight, Paknajol. 82 health professionals were benefitted from the training. Training was focused on Pregnancy, birthing and care of infants up to one year age.



• **Health Camp at Khokana:** Rotary Club of Kathmandu organized Health Camp at Shree Yubha Pratibha Bidhya Mandir, Khokana on 25th May 2019. During the health camp, screening of gynae, eye, dental and general OPD was done and medicines were distributed. The health camp was organized from 9 AM to 3 PM. Dr.IndiraSatyal, Dr.Yuna Shrestha, Dr.Gaurab KC, Dr.Linda Shrestha, Dr.Rupesh Parel and Dr.ChandaniJaishwal were present in the camp. Around 500 benefited from the health camp.



• **Projector and medical equipments handover to Janakpur Nursing Campus:** With an objective of supporting students for their education, Rotary club of Kathmandu with the support of Rotary Club of Gisborne RID 9800 Australia and Rotary club of Timaru RID 9980 handover multimedia projector and medical equipments to Janakpur Nursing Campus. Materials were provided to campus chief at regular meeting of club.



• **Uniform and stationary distribution:** 70 students of Kalika Secondary School and 110 students of Dhaulagiri Primary School and Udaya Secondary School of Sindhuli, Baglung and Gulmi district were supported with uniform and stationary.

• **Computer Lab construction at Shree Chunadevi School:** With the support of Rotary club at Japan, Rotary club of Kathmandu supported Shree Chunadevi Secondary with Rs. 21 lacs for the construction of computer lab. The lab was inaugurated by DGN Rtn. Rajeev Pokharel.

• **Blanket distribution to Spinal Injury Network Nepal:** Rotary Club of Kathmandu supported 7 blankets to 15 childrens with spinal injury at spinal injury network Nepal, Jorpati.



The days of December As I enjoyed in the Past



Rtn. Suresh Satyal
Past President

The month of December is the busiest and most important month for a Rotarian.

This is the month which Rotarians are proud and justifiably too. This is the month where one of the most significant program of Rotary "Polio Plus" gets a renewed impetus. The Rotary family-Rotarian, Instructors, Rotractors and well wishers such as Inner wheel members are set in full force mobilizing the mothers with their children and exhorting the population towards Polio Immunization on National Immunization Days.

When I say so it reminds me the statement of Dr. C. Silvera former Minister of Health in India. "To make the world free of this dreadful disease will be a God's gift to the children of our country" In fact that statement had come deep from the heart, because he regretted -and he narrated the incident in a voice choking with sorrow-that he as a junior medical officer could not save a child from the crippling polio when she was taken to him for treatment. The child, no doubt, is alive but lame.

There must have been other doctors who felt the same way at some time of their concern. Once affected the victim is crippled, and his future too is crippled. But it can be prevented by immunizing the children. That is why Rotarians are here to help immunize the baby.

+ + +

December is also known as family month in Rotary after P.R.I.P. Jonathan Majayegbe became the R.I. President. He always believed that Rotary can progress only when families are involved and only when we widen the definition of Rotary family.

Rotary is such an understanding organization that it has put itself in third position in the role of importance for a Rotarian. First your job, meaning your bread and butter. Second comes the family for whom you work hard and then only your time for Rotary activities. However, Rtn. Majayegbe advised us to make it two by bringing families to Rotary.

One way to do this is to extend our reach to include the spouses and children of our fellow members in our many service and fellowship activities. By involving our family members, we can make all of our endeavors more successful and enjoyable. Once people realize that they do not have to decide between Rotary and family, they will be more likely to accept our invitation to join. Once they do join they are much more likely to become productive Rotarians.

And we must remember that family members themselves also are potential Rotarians. We see more and more examples of wives, husbands, sons and daughters also become members once they get a close look at what Rotary is all about.

+ + +

And thirdly this is the month for Election or selection of Incoming Leaders. But whom to elect or select? This is a big question mark. Once in a Rotary club a leader had to be selected out of three equally competent members. All three were called to dais and asked to speak in turn. The first started "Rotarians, Ann and Guest" and so on. Second, started "Participants, members and guests in the program". The third got up from the dais walked into the "well" of the house and went into the last row. From there he said "very good evening friends" and so on. The third one became one with the members and other participants and therefore won the admiration which eventually led to his success as outstanding motivator.

It is not proper to talk much about leadership in Rotary, however I would like to quote Rtn. Sudana of Dist. 2040 about some of the don'ts for a Rotary leader, like

He should not be so soft that members will swallow him

He need not be so simple that members can fool him

He should not be so complicated that members can't mingle with him

He should not be so superficial that members don't trust him

He should not be so cheap that members can dance him around.

In the ultimate analysis self motivation and motivation of other members is the key to the continued success of the club and its leaders.

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Immunization

By PDG Ratna Man Sakya
Chair Nepal National PolioPlus Committee

Immunization saves millions of lives every year. Thanks to Edward Jenner, the English physician credited with pioneering the world's first vaccine. Vaccination is one of the most successful and cost-effective health interventions. Yet outbreaks of diseases that vaccines could prevent continue to put children's health at risk throughout the world. From 24 to 30 April marks World Immunization Week. Rotarians join WHO, UNICEF, and the U.S. Centers for Disease Control and Prevention in celebrating World Immunization Week, raising awareness of the incredible impact that vaccines have had on global health. This year's theme is "Protected Together, Vaccine Work". Rotary knows firsthand that Vaccines Work. Thirty two years ago, there were an estimated 350,000 cases of polio per year worldwide; in 2018 only 33 cases of polio had been recorded. Reducing polio cases by 99.9% globally is an incredible fact. We've contributed more than \$1.9 billion and countless volunteer hours to protect more than 2.5 billion children from polio. 15 million people are walking today who would have otherwise been paralyzed for life, and already saved US \$ 27 billion globally. These achievements are unprecedented, making the single biggest internationally coordinated public health project the world has ever known. We all should be proud being Rotarian.

Rotarians are marching under the banner of END POLIO NOW and are leading the world by their constant and continuing efforts without bending in anyway despite that it has taken longer than anyone expected. Rotary International President for 2019-20, Mark Maloney is especially proud of Rotary's involvement in efforts to eradicate polio. "That's our signature project," he said. "That's what we've been known for around the world for the last 30 years."

16000 children under 5 years die every day, 80% die from preventable cause, disease Pneumonia, Diarrhea, Malaria. Measles & Rubella and HIV/AIDs. We can end preventable newborn and child deaths in our lifetime - but we need more than a single drug or intervention. We need governments, health-care workers, communities and families to come together to provide affordable, quality health care for every mother and baby, starting with the most vulnerable. The important role played by Rotary in supporting routine immunization services, creating awareness of important of vaccine together with Polio program, a regional meeting conducted to sharing discussing what works in increasing coverage how we might strengthen them. Lesson learned from polio eradication are being put in to practice other areas of immunization the developed infrastructure adopted and used for accelerating other diseases. Estimated coverage WHO will review progress and evaluate what steps used to be taken to continue to improve immunization coverage in the region while ensuring polio continue to be on track to achieve.

Reducing child mortality rate will require high immunization coverage. In 1960. 182 of every 1,000 children born died before turning five, that number is down to 43 and the child born in 1960 could expect to live an average of just 52 years, by contrast, a child born in 2017 can expect to live 71. The answer is universal coverage with immunization. Since 1990 child mortality rate cut down to half but we can do more by providing more different vaccine available for our children. Out of 30 routine immunization received by develop countries' children in Nepal has so far receive 11, still require at least for Typhod, Flu an Diarrhea.

In 2017, mortality rate for Nepal was 33.7 deaths per thousand live births. Between 1968 and 2017, under -5 mortality rate of Nepal was declining at a moderating rate to shrink from 276.4 deaths per thousand live births in 1968 to 33.7 deaths per thousand live births in 2017.

Date	Value	Change %
2017	33.7	-3.71%
2016	35.0	-4.37%
2015	36.6	-4.44%
2014	38.3	-4.96%
2013	40.3	-4.95%
2012	42.4	-5.36%
2011	44.8	-4.88%
2010	47.1	-5.23%
2009	49.7	-4.97%
2008	52.3	-5.25%
2007	55.2	-5.15%
2006	58.2	

As we see, Japan

has a much older population: in 2017, there were more than twice as many people aged 65 + years old than those younger than 15. Where the Population declined by more than a quarter of a million last year. In the U.S, where life threatening infections are rare, but in Guinea-Bissau, where lives have been scarred by decades of scant resources and poor medical care, families lined up in droves. The nation is one of the world's poorest, and the worst infant mortality there as the fourth highest among 225 countries. Mothers often wait months to name their babies because one out of every 12 will die before his or her first birthday. Infant mortality rise in the district had increased as woman has to work even during pregnancy and the post - partum mother's had to stay in a shed without basic facilities, for a month - post delivery period. In Bajura , suffocation and infection from cold related diseases died within 28 days of birth inside hut .

The 2015 Constitution guarantees the right to healthcare for all Nepalese citizens; however public sector healthcare systems have been insufficiently resourced to provide for this right. Many facilities have lack basic equipment, supplies, and well trained providers. Indigenous women and, children deprived of health services in Humala and Northern part of Bajura don't have access to basic health services, including vaccinations during winter, due to the customary practice of seasonal migration. It must be noted that the unmonitored movement of people across the border between Pakistan and Afghanistan threatens efforts to eradicate polio from the two countries, as the 2019 cases of the virus are recorded in the volatile region. Immunization program started in Nepal in 1978 in three districts Rupandihi, Dhanusha and Sindhuplachok with BCG and DPT by 1988 in 75 districts with adding measles and polio vaccine. Best example is polio vaccine. The cases have significantly reduced after polio vaccine from 84 cases in 1996 to 0 cases 2000. 56 districts out of 77 districts in Nepal have been declared fully immunized.

Programmed or Immunization Preventable Diseases Schedule

Time W	hich Age	Which Immunization	Vaccination point W	hich disease prevents
1B	orn to Birth B	CG	The Upper part of the right hand (inside the skin)	TB
26	week	Rota (First Dose) Polio(First Dose) FIPV (First Dose) PCV (First Dose) DPT, Hep B Hib (First Dose)	❖ Mouth ❖ Mouth (Two Drop) ❖ the upper parts of left arm in skin ❖ Right third ❖ Left third	Diarrhea Polio Polio Pneumonia (Pneumococcal diseases) Diphtheria ,Whooping cough, Hepatitis B, Haemophilus influenzae B
3	10 week R	ota (Second Dose) Polio(Second Dose) PCV (Second Dose) DPT, Hep B Hib (Second Dose)	❖ Mouth ❖ Mouth (two drop) ❖ Right Third ❖ Left Third	<ul style="list-style-type: none"> • Diarrhea • Polio • Pneumonia (Pneumococcal diseases) Diphtheria ,Whooping cough, Hepatitis B, Haemophilus influenzae B
41	4W eekP	olio(Third Dose) FIPV (Second Dose) DPT,Hep B Hib (Third Dose)	❖ Mouth (two drop) ❖ upper part of the left hand ❖ left third	Polio Polio Diphtheria , Whooping cough, Hepatitis B, Haemophilus influenza- B
59	Month P	CV Third dose Measles and Rubella (First dose)	Left third Upper part of left hand	Pneumonia (Pneumococcal Diseases) Measles Rubella
6	12 Month	Japanese i nsect flights	Right third	Japanese insectflights
7	15 Month	Measles- Rubella (Second dose)	Upper part of left handM	easles and Rubella

Nepal has achieved 98% reduction in measles cases in 2017 (99) as compared to 2003 (5419) and 97% reduction in rubella cases in 2017 (22) as compared to 2008 (786). Measles and Rubella Surveillance "Nepal has successfully controlled Rubella and Congenital Rubella Syndrome two years ahead of regional target year of 2020 and one year ahead of national target of 2019. On 3 August 2018, South Asian Regional Verification Commission for Measles Elimination and Rubella/CRS Control certified that Nepal has successfully controlled rubella and CRS

Polio, the disease was once one of the most feared in the U.S. In the early 1950s, before polio vaccines were available, outbreaks caused more than 15,000 cases of paralysis each year. With vaccines, the number of polio cases fell rapidly to less than 100 in the 1960s and fewer than 10 in the 1970 according to the Centers for Disease Control and Prevention.

Rotary is an international service club of business and professional people connecting 1.2 million members through more than 35,000 rotary clubs in some 200 countries and geographical areas. Members seek to improve lives at local and international levels, from helping low-income residents in their own communities to global initiatives such as polio eradication.

The new strategy, published by the Global Polio Eradication Initiative, says that reaching these children is "the primary underlying challenge" in attempts to stop all new cases of the debilitating disease. Vaccination is the only way to prevent the disease, which is incurable.

Best Wishes to
President Narayan Krishna Kharel
and Entire Team of
Rotary Club of Kathmandu
on the occasion of
62nd Installation Ceremony.

Rtn. Anup Subedi
Past President
Rotary Club Of Kathmandu



नेपालमा दुष्कृति (Tort) सम्बन्धी कानून सामान्य चिनारी

Rtn. मुकुन्दशर्मा पौडेल

वरिष्ठ अधिवक्ता

१. विषयप्रवेश: कानून समाजको आवश्यकताअनुसार विधायिकीय निकायबाट निर्माण हुने गर्दछन् । कतिपय अवस्थामा प्राचिन समयदेखि चलीआएका प्रथा परम्परा र न्यायधीशबाट नजिरको रूपमा प्रतिपादित सिद्धान्तलाई पनि कानून भनिन्छ । हालै नेपाल कालागु भएको मुलुकी संहिताहरूमा नयाँ दुष्कृति सम्बन्धी कानून निर्माण गरिएको छ । दुष्कृतिकानून विश्वमा सन् १३५० देखि १४०० काबीचमा यसको अवधारणा आएको हो भने नेपालमा तुंगशम्शेर ज.व.रा.विरुद्ध इन्डियन एयरलाईन्स भएको मुद्दामा मा.न्या.प्रकाशबहादुर बाट भएको अल्पमतको رایमा भएको विशदव्याख्या (ने.का.प. २०२४ नि.नं. ३८९ पृ. १७९ र ने.का.प. २०२९ नि.नं. ६९४ पृ. २४०) र हिमालसिमेन्टको मुद्दामा प्रतिपादित कानूनी सिद्धान्त (ने.का.प. २०५८ नि.नं. ७०४ पृ. ६४९) मा प्रतिपादन भएको पाइन्छ भने हाल मुलुकी देवानी संहिता २०७४ को परिच्छेद १७ मा दुष्कृति सम्बन्धी कानून १३ वटा दफामा व्यवस्था गरेको पाइन्छ जसलाई संक्षेपमानिम्न बुँदामा चर्चा गरिएको छ ।

२. परिचय : दुष्कृति भनेको : civil wrong देवानी गल्ती हो । यसलाई अपकृत्य पनि भनिन्छ । कुनै पनि व्यक्तिको आफ्नै समेतको अकर्मण्यता, त्रुटी, लापरवाही, हेलचेक्र्याईको कारणबाट भएको दुष्कृतिजन्य कार्यलाई दुष्कृति भनिन्छ । Tort लाई A violation of general law पनि भनिन्छ । Tort लाई दुष्कर्म वा अरुलाई हानी नोक्सानी पुग्न जाने कार्य पनि भनिन्छ ।

दुष्कृतिको दायित्व कसले वहन गर्ने : आफैले दायित्व वहन गर्नुपर्ने वा काममा लगाउनेले दायित्व वहन गर्नुपर्ने व्यवस्था छ ।

दुष्कृति जन्य काम भन्नाले: अरु कसैलाई त्रुटि (Fault) वालापरवाही (Negligence) र हेलचेक्र्याई (Recklessness) गरी गरेको कामबाट हानी नोक्सानी पुगेको हुनुपर्छ । अकर्मण्यता भन्नाले कसैले गर्नुपर्ने काम नगरेको अवस्थालाई मानिन्छ । त्रुटि भन्नाले उपभोग्य सामानको उत्पादनमा Defective भएमा र हेलचेक्र्याईमा होसियारी नगर्ने कार्यलाई भनिन्छ ।

हानी पुर्‍याउने अवस्था: कसैको जिउज्यान वा सम्पत्तिमा जोखिम वा खतरा पुग्ने वा कानून बमोजिम सुरक्षित हकमा हानी पुर्‍याएको हुनुपर्छ ।

३. दुष्कृति सम्बन्धी कानून आकर्षित नहुने बानलाग्ने अवस्था

- करार भएकोमा करार अनुसार हुन्छ Tort कानून लाग्दैन
- फौजदारी कसूरमा सोही कानून बमोजिम हुन्छ Tort कानून लाग्दैन ।
- छुट्टै उपचारको व्यवस्था भएकोमा सोही बमोजिम हुन्छ Tort कानून लाग्दैन
- अन्य नेपाल कानूनमा विशेष व्यवस्था भएकोमा सो बमोजिम हुन्छ Tort कानून लाग्दैन
- व्यक्तिको हेलचेक्र्याई, लापरवाही, त्रुटी वा अकर्मण्यताको परिणामबाट नभै अन्य कुनै कारणबाट भएमा Tort कानून लाग्दैन ।

४. Tort को कानूनी प्रावधान

क. बाबु आमाले दायित्व वहन गर्नुपर्ने : १४ वर्ष पुरा नभएको सन्तानले गरेको दुष्कृति जन्य कार्यमा बाबुआमाले दायित्व व्यहोर्नुपर्छ ।

ख. संरक्षक वामाथवर व्यक्तिले दायित्व व्यहोर्नु पर्ने : होस ठेगानमा नभएको व्यक्तिले गरेको हानी नोक्सानीमा संरक्षक वामाथवर व्यक्ति जवाफदेही बनी दायित्व व्यहोर्नु पर्नेछ ।

ग. काममा लगाउने व्यक्तिले दायित्व व्यहोर्नु पर्ने : घरेलु सहायक, अन्य कामदार वा कर्मचारीले

असलनियतले काम गरेमा लगाउनेले दायित्व व्यहोर्नु पर्नेछ तर काम गर्नेले बदनियत, हेलचेक्र्याईपूर्वक काम गरेकोमा काम गर्नेले आफै दायित्व वहन गर्नुपर्छ ।

घ. पशुले गरेको हानी नोक्सानीमा पशुधनीले व्यहोर्नुपर्ने : आफुले पालेको वा नियन्त्रणमा राखेको पशुले गरेको हानी नोक्सानीको

दायित्वपशु धनीले व्यहोर्नुपर्ने छ तर सुरक्षात्मक उपाय वा नियन्त्रण गर्ने प्रयास गरेको भए दायित्व वहन गर्नुपर्दैन ।

ड. घर भत्काई हानीनोक्सानी भएकोमा घर धनीले दायित्व वहन गर्नुपर्ने : घर निर्माण गर्दा वा घर निर्माण गरिसकेको भएमा घर भत्कीअन्य कसैलाई क्षति पुर्याएमा घर धनीले दायित्व वहन गर्नुपर्ने छ ।

च.सम्पत्तिधनीले दायित्व वहन गर्नुपर्ने :

डु मेसिन उपकरण वायन्त्रलाई सुरक्षित उपाय नअपनाएको कारणबाट विष्फोट भएमा

डु प्रज्वलनसिल वा विष्फोटक पदार्थलाई उपयुक्त सुरक्षाका उपाय नअपनाएको कारणबाट

आगो लागी भएमा वा विष्फोट भएमा

डु औद्योगिक प्रतिष्ठानको मापदण्ड विपरित कामगरी धुँवाध्वनी पैदा गरेमा

डु विपद्को कारण वा तेस्रो व्यक्तिको कामले बाहेक राजमार्ग सडक,गल्ली, बाटोमारुख ढलेको वा ढालेकोमा

डु पूर्व सावधानी नअपनाई खुला रुपमानहर कुलो पाइपवा ढलबाट दुषितविषालु वा सरुवा रोग

लाग्ने पदार्थ निस्काशनभएमा

छ. घर मुलीले दायित्व व्यहोर्नुपर्ने :कुनै घरबाट कुनै वस्तु वाफोहरमैला फालेको कारणबाट कसैलाई हानीनोक्सानी भएकोमा घर मुलीले दायित्व व्यहोर्नुपर्नेछ । बहालमा बसेको अवस्थामा बहालमा बस्ने परिवारको मुख्य व्यक्तिले व्यहोर्नु पर्नेछ ।

ज. अनधिकृत प्रवेश गर्नेले दायित्व व्यहोर्नुपर्ने : कसैको अचल सम्पत्ति, हकभोग चलनवा स्वामित्वमा गैरकानूनी प्रवेश खिचो लाकब्जालाभलिन भोग चलनगर्न बाधाविरोध गर्नेलाई अनधिकृत प्रवेश गरेवापतमा दायित्व व्यहोर्नुपर्ने कानूनी व्यवस्था छ ।

झ. संयुक्त रुपमा दायित्व व्यहोर्नुपर्ने : दुष्कृति मानिने काम एक भन्दा बढी व्यक्तिबाट भएमा र

अन्यथा प्रमाणित भएकोमा बाहेककामको अनुपातमा व्यक्तिगत र सामुहिक रुपमा क्षतिवापत जिम्मेवार हुनुपर्नेछ । अलगअलग निर्धारण हुनसकेमा सबैले समान रुपमा दायित्व व्यहोर्नुपर्छ ।

ञ. दायित्व वापत क्षतिपूर्ती व्यहोर्नुपर्ने : क्षतिगर्नेले क्षतिपूर्ती तिर्नुपर्नेछ । वास्तविक हानीनोक्सानीमा सीमित रहेको हुनुपर्नेछ । काल्पनिक र अवास्तविक क्षतिपूर्ति व्यहोर्नुपर्ने छैन । क्षतिपूर्ती नगद, जिन्सीवा सेवाकुनै किसिमकोहुन सक्नेछ । अदालतले मनासिव क्षतिपूर्ति भराइदिने आदेश दिन सक्नेछ ।

५. हदम्याद : मर्का पर्ने व्यक्तिले कामभएको मितिले ६ महिनाभित्रनालेस गर्न सक्नेछ ।

६. निष्कर्ष : दुष्कृति सम्बन्धिकानुन नेपालमा नविनतम भएको हुँदा सम्बन्धित सबैले यो कानुनको जानकारी लिनुपर्ने, पिडितले न्यायका लागि अदालतको ढोका ढकढकाउनु पर्ने र सम्बन्धित सबैले दुष्कृति सम्बन्धि कानुन(Tort) लाई कार्यान्वयन र पालना गर्नुपर्ने आजको आवश्यकता रहेको छ ।

◊लेखकपौडेल २०४५ सालदेखि त्रि.वि. कानुन संकायमा प्राध्यापनरत रहीहाल नेपाल ल क्याम्पसमा सह प्राध्यापकको रुपमा प्राध्यापनरत हुनुहुन्छ ।

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Rtr. Sangam Dahal
Past President RY2015-16



Rtr. Mridul Acharya
Past President RY2016-17



Rtr. Sarbesh Rijal
Past President RY2017-18

President of Rotaract Club of Kathmandu

S. No	Rota Year	President
1.	1996-1997	Mr. Suraj Man Singh Adhikari
2.	1997-1998	Mr. Jeevan Pokharel
3.	1998-1999	Mr. Parash Mani Pokharel
4.	1999-2000	Mr. Upendra Karki
5.	2000-2001	Mr. Subodh Koirala
6.	2001-2002	Mr. Yog Raj Niraula
7.	2002-2003	Mr. Kuber Karki
8.	2003-2004	Rtn. Dan Bahadur Chand
9.	2004-2005	Mr. Kumar Jung Shah
10.	2005-2006	Mr. Tapa Kumar Shrestha
11.	2005-2006	Mr. Himal Lamichhane
12.	2005-2006	Mr. Ramesh Dahal
13.	2006-2007	Mr. Anup Subedi
14.	2007-2008	Mr. Ram Prasad Ghimire
15.	2008-2009	Rtn. Achut Babu Ojha
16.	2009-2010	Mrs. Kalpana Bastola
17.	2010-2011	Mr. Rajiv Ghimire
18.	2011-2012	Rtr. Sushil Kumar Karki
19.	2012-2013	Mr. Padam Kumar Shrestha
20.	2013-2014	Rtr. Suraj Poudel
21.	2014-2015	Rtr. Rajendra Gautam
22.	2015-2016	Rtr. Sangam Dahal
23.	2016-2017	Rtr. Mridul Acharya
24.	2017-2018	Rtr. Sarbesh Rijal
25.	2018-2019	Rtr. Sunil Phuyal
26.	2019-2020	Rtr. Lokraj Pandeya

Members Profile RY 2019-20

Rotaract Club of Kathmandu



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DOB : August 8



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DOB : August 13



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DOB : March 10



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SECRETIAL REPORT - ROTA YEAR 2018-19

Rotaract club of Kathmandu

Continuing its legacy, Rotaract Club of Kathmandu yet again reached the height of success in Rota Year 2018-19 under the leadership of the vibrant and keen team of Board of Directors of the club. The appointed board wonderfully worked together as a team and added glory to its history in Rotaract Movement, and this has been achievable only due to the constant support and appreciation from the Parent Rotary Club, Past Presidents, Immediate Past President, all members, office staffs and everyone else. It is my immense pleasure to publish the report and the activities that the club performed in the Rotary Year 2018-19.

Club Statistics RY 2018-19

Total Number of Regular Meetings: 42

Total Number of Board Meetings: 11

Total Number of Club Assembly: 4

Total Number of Regular Rotaract Meeting Quiz: 43

Total Number of Joint Meeting: 5

Total Members: 52

S.N.	Project Name	Objective	Avenue
1.	23rd Installation Ceremony	Installation of new Board of Directors and induction of new members	Club Service Avenue
2.	CV Building Workshop	To help club members and guests write strong and better CV	Professional Development Avenue
3.	Twin-ship with Rotaract Club of Negombo RID 3220	To enhance fellowship between the clubs	International service avenue
4.	Twin-ship with Rotaract Club of Pokhara	To enhance fellowship between the clubs	Club Service Avenue
5.	Twin-ship with Rotaract Club of Butwal South	To enhance fellowship between the clubs	Club Service Avenue
6.	Effective Public Speaking Training	To train the participants to be able to face the mass and present themselves	Professional Development Avenue
7.	Friendship Goals	To increase fellowship between the participating clubs	International service avenue
8.	Joint Meeting (Friendship Day)	To enhance Fellowship between the clubs	Club Service Avenue
9.	Friendship Day Dance Party	To enhance Fellowship between the clubs	Club Service Avenue
10.	Joint Essay Writing Competition with 5 other clubs	To promote writing habits among school going children and celebrate the int'l Youth day	International service avenue
11.	Digital Marketing Workshop	To provide general knowledge about the digital marketing tools and techniques	Professional Development Avenue
12.	Teej'Dar'Celebration	To promote the culture and fellowship	Club Service Avenue
13.	Project Shikshya	To distribute bag packs and stationery items to needy children	Community Service Avenue
14.	PhotoKarkhana	To train participants about exposure, composition and editing tools	Professional Development Avenue
15.	Late. Rtn. Tek Chandra Pokharel Memorial Blood Donation Camp	To aid blood bank collect different blood groups	Community Service Avenue

16. Dashain Aayo	To enhance fellowship and culture among members	Club Service Avenue
17. Entrepreneurship Workshop	To share basic insights of Design Thinking	Professional Development Avenue
18. Photo sculpt	To promote the tourist destination of participated districts	International service avenue
19. Picturesque	To enhance network and promote the tourist destination of participated districts	International service avenue
20. DeusiBhailo	To promote culture and enhance fellowship.	Club Service Avenue
21. Joint Meeting and Greeting exchange with the clubs of Zone V	To enhance fellowship and exchange Dashain greetings	Club Service Avenue
22. 23rd Charter Day Celebration	To celebrate the charter day and enhance fellowship	Club Service Avenue
23. Bikram Thapa Memorial Blood Donation	To aid blood bank collect different blood groups	Community Service Avenue
24. Friendly Futsal Tournament	To enhance fellowship among the fellow Rotaractors and guests	Club Service Avenue
25. Experimental Design and Data Analysis	To give basic knowledge on data analysis and interpretation	Professional Development Avenue
26. Secret Santa	To enhance fellowship among members and guests	Club Service Avenue
27. Fireblooms	To enhance and promote the culture of all participating countries and promote cultural harmony between them.	International service avenue
28. MO: MO Day	To promote fellowship among members and guests	Club Service Avenue
29. 14th Inter College Rotaract Running Shield Quiz Competition	To promote Rotaract among college youths and enhance general knowledge	Professional Development Avenue
30. Happy Project	To share happiness with children of SAP	Community Service Avenue
31. Mental Health awareness	To educate the college going youth regarding the issue of mental health	Youth Service Avenue
32. Know The Law	To educate the participants about the Road Accident Laws in Nepal	Professional Development Avenue
33. Scholarship Project	To initiate towards literate Nepal	Community Service Avenue
34. Goodwill Visit: RaCKathmandu Midtown	To promote and enhance fellowship	Club Service Avenue
35. Stock Market Insight Workshop	To share general information about stock market and investments in it	Professional Development Avenue
36. Library Extension at SAP	To Provide more books and other stationery items to the children at SAP	Community Service Avenue
37. Know Your Twin	To enhance fellowship and also know the members of the twin club - RaC Negombo	International Service Avenue
38. Charter Ceremony of Interact Club	To officially charter the newly form Interact Club.	Youth Service Avenue
39. Health Camp	To facilitate the locals with health service	Community Service Avenue
40. Magical show at SAP	To entertain the children of SAP and enhance fellowship among members	Community Service Avenue

Participated:

1. 11th DLTS and Recognition Ceremony
2. 1st PS Meet
3. 4th Late Rtr. Santosh Memorial Rotaract Quiz Competition
4. We are Same
5. 60th Installation Ceremony of Rotary Club of Kathmandu
6. Installation ceremony of other Rotaract clubs: 17 Clubs
7. Relieve
8. 61st Chartered day ceremony of Rotary Club of Kathmandu
9. Buddha Purnima Celebration by RaC Butwal South
10. Zonal COTS
11. Billion Dollar Smile
12. Rotaract Sahityik Saanjh
13. Zonal Dashain greeting Exchange
14. Polio Rally
15. A Global Christmas
16. Rotaract Hiking
17. Women Can Empower the World
18. Late Rtr. Santosh Memorial Nationwide Quiz Contest
19. 11th Rotaract District Conference
20. Love is Life
21. 2nd PS Meet and PETS, SETS
22. Letterhead exchanges with 17 clubs
23. 15th Charter day of Rotaract Club of Tripureshwar
24. Musical evening by Rotary Club of Tripureshwar
25. Valentine with Rotaractors
26. Mr. & Miss Rotaract
27. RYLA Sangha
28. Rota Olympics by Zone VI
29. Child Birth Education Training by Rotary Club of Kathmandu
30. First Aid Training by YRC Tri-Chandra
31. Fellowship dinner by Rotary Club of Kathmandu
32. Sindhuli Scholarship Project
33. 11th Rotary Conference
34. 50 Inspiring Stories

Guest Speaker:

With the motive to make the general meetings more informative and useful to the members and guests present, we invited guest speakers every last week of the month, where the guest speakers talked on the various topics as per their expertise. The guest speaker sessions as per the expectation indeed were successful and are to be continued in the coming Rota Year as well.

We had a total of 9 speakers this Rota Year, and below is the list of the Guest Speakers and the respective topics they spoke on:

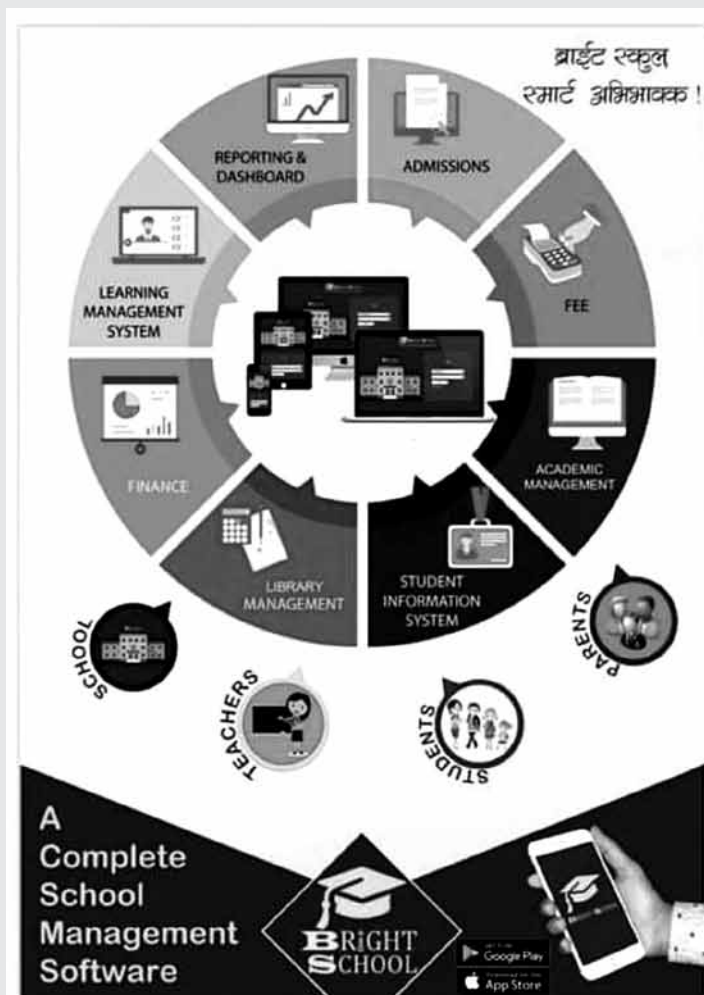
- 1) Rtn. Rajan Raut - Project Management
- 2) Mr. Sankalp Mohan Sharma - Sustainable Development Goals
- 3) Rtn. Bala Krishna Shrestha and Rtn. Suresh Satyal - Rotary Village
- 4) Samarpan Meditation - Dhyana Yoga
- 5) Narayan Krishna Kharel - Buddha and his mindfulness
- 6) Mr. Maheshwar Maharjan - Fitness and Body Building
- 7) Mr. Ramesh Kharel - Youth Motivation
- 8) Ms. Kavita Chapagain - Breaking the Orphanage Myth
- 9) DIR Itr. Milan Raj Paswan - Interact and its Expanding Horizon

In-House Speakers:

Like guest speakers, we also conducted in-house speaking sessions for our members where the members/ guests got to voluntarily choose to speak up on the topics they were comfortable with. The in-house sessions were conducted on 3 weeks of every month as much as possible. The in-house speaking sessions were initiated with a motive to help the speaker face the mass and present on any topic they were well known with in order to share knowledge to the floor.

We had a total of 9 in-house speakers this Rota Year, and below is the list of the in-house speakers and the respective topics they spoke on:

- 1) Rtr. Netra Ramtel-Science and Culture
- 2) Rtr. Hari B. Thapa-Importance of Time, Confidence and Positive Thinking
- 3) Ujjwal Khadka-Word Science
- 4) Sudarshan Khanal- Stereotype
- 5) Pushpa Bhattarai-Public Speaking Tips
- 6) Rtr. Suman Dangol-General ideas on CA
- 7) Rtr. Sonu Dangol & Rtr. Netra Ramtel - Experience on Mr./ Ms. Rotaract
- 8) Rtr. Nikita Luitel - Hyperinflation in Venezuela
- 9) Rtr. Sumikshya Pathak- Abortion and its Laws in Nepal



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Glimpses of Activities RY 2018-19

Rotaract Club of Kathmandu





Best Wishes to Rotary Club of Kathmandu RY 2019-20

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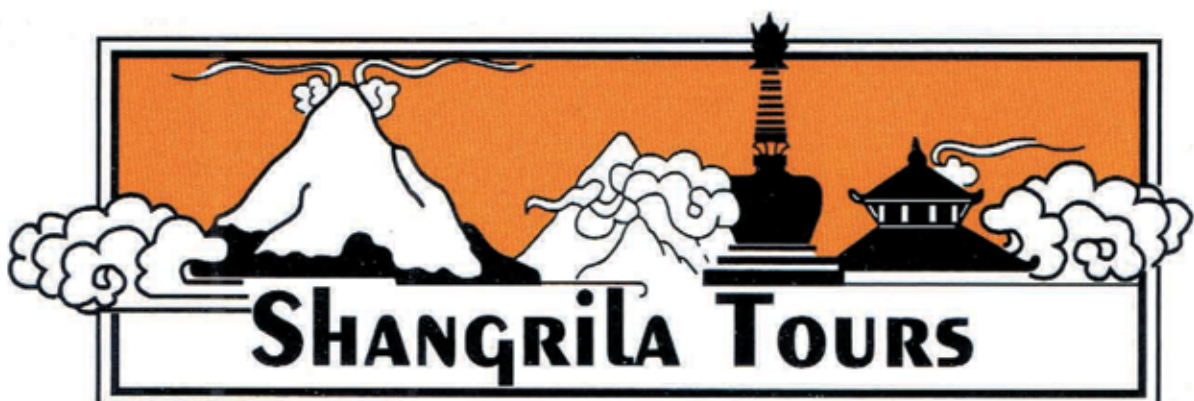
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Best Wishes to
President Narayan Krishna Kharel
and Entire Team of
Rotary Club of Kathmandu
on the occasion of
62nd Installation Ceremony.



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Interact Club of Shree Chunadevi Secondary School

Aasman Tamang (President),
Anju Tamang (Vice-President),
Amrita Tamang (Secretary),
Roshani Shah (Joint Secretary),
Diprasan Tamang (Treasurer),
Malika Thakuri (Club Service Director),
Mina Tamang (Professional Development Director),
Kusum Lama (Community Service Director),
Shanti Tamang (International Service Director),
Laxmi Tamang (Sergeant At Arm),
Amira Magar (Editor),
Ashamaya Tamang (Member),



Interact Club of Shree Chunadevi Secondary School

**SunitaTamang (Member),
 SujanTamang (Member),
 Amin Lama (Member),
 Manish Tamang (Member),
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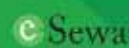


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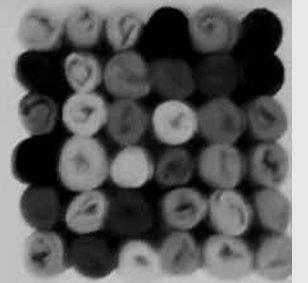


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पद्मकुमार श्रेष्ठ

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९८४१६७६९८९

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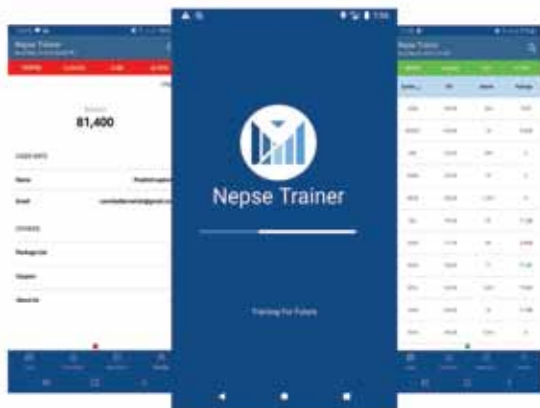
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